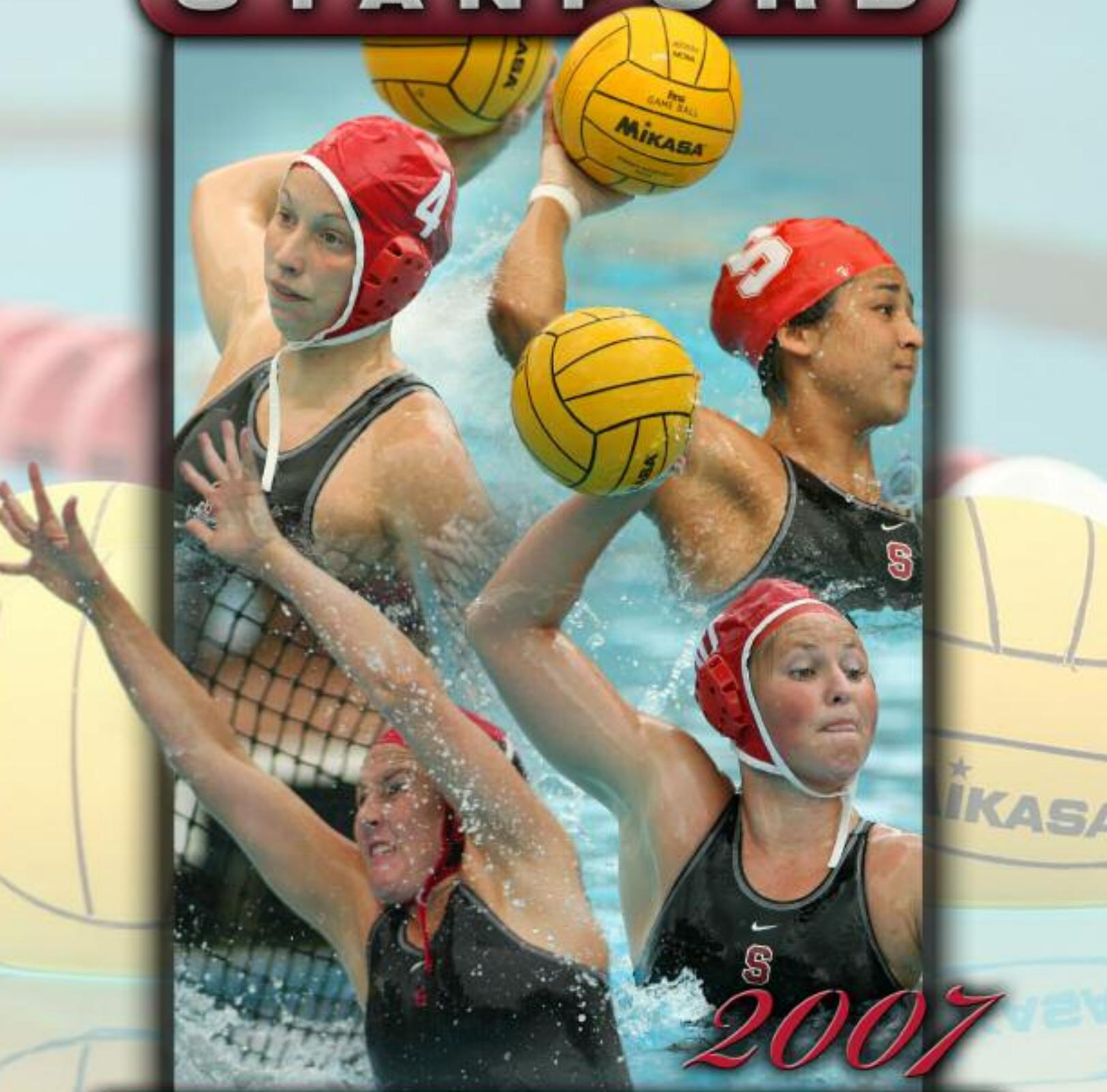


**STANFORD**



*2007*

**WATER POLO**



**Back Row (L to R):** Jessica Steffens, Meridith McColl, Alex Koran, Lauren Silver, Christina Hewko. **Middle Row (L to R):** Heather West, Kate Heddleston, Jacquelyn Gauthier, Koree Blyleven, Kelly Eaton, Katie Hansen. **Front Row (L to R):** Alison Gregorka, Megan Nesland, Kira Hillman, Kelsey Holshouser, Kelly Donahue.

## 2007 Stanford Women's Water Polo Roster

#	Name	Pos.	Ht.	Yr.	Hometown (Last School)
1	Meridith McColl	Goalkeeper	5-11	Sr.	San Diego, CA (Capistrano Valley)
1	Kate Heddleston	Goalkeeper	5-10	Fr.	Granite Bay, CA (Granite Bay)
3	Jacquelyn Gauthier	Driver	5-7	Jr.	Irvine, CA (Woodbridge)
4	Koree Blyleven	Driver	5-7	So.	San Diego, CA (The Bishop's School)
5	Kelly Eaton	Driver	5-7	Fr.	Menlo Park, CA (Menlo-Atherton)
7	Kelsey Holshouser	Driver	5-4	Fr.	Santa Ana, CA (Foothill)
8	Megan Nesland	Driver	5-4	Jr.	Long Beach, CA (Wilson)
9	Kira Hillman	Driver	5-7	So.	Carlsbad, CA (Carlsbad)
10	Katie Hansen	Driver	5-9	Sr.	Coronado, CA (Coronado)
11	Alison Gregorka	2MD	5-10	Sr.	Ann Arbor, MI (Pioneer)
12	Kelly Donahue	Driver	5-4	Fr.	Annapolis, MD (St. Mary's)
13	Heather West	Driver	5-8	So.	Davis, CA (Davis Senior)
15	Christina Hewko	2-Meter	5-10	Sr.	Newport Beach, CA (Corona del Mar)
16	Alex Koran	2-Meter	6-0	Fr.	Tustin, CA (Tustin)
17	Jessica Steffens	2MD	6-0	So.	Danville, CA (Monte Vista)
20	Lauren Silver	Driver	5-9	So.	Long Beach, CA (Wilson)

**Head Coach:** John Tanner, Tenth Season (Stanford '82)

**Assistant Coach:** Susan Ortwein, Tenth Season (UC Santa Barbara '90)

**Graduate Assistant:** Scotti Shafer (Stanford '06)

*Stanford Women's Water Polo would like to thank Greg Marecek and Ryan Melton for their continuous support.*

2007 Quick Facts

General Information

Location ..... Stanford, CA  
 Founded ..... 1885  
 Enrollment ..... 6,556 undergraduates  
 Nickname ..... Cardinal  
 School Colors ..... Cardinal & White  
 Conference ..... Mountain Pacific Sports Federation  
 President ..... John L. Hennessy  
 Athletic Director ..... Bob Bowsby  
 Home Pool ..... Avery Aquatic Center (2,530)

Media Relations

Contact ..... Kendall Johnson  
 Office Phone ..... (650) 723-4418  
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 E-Mail ..... kendallj@stanford.edu  
 Website ..... www.gostanford.com

Mailing Address

Arrillaga Family Sports Center Suite #240  
 Stanford, CA 94305-6150

Coaching Staff

Head Coach ..... John Tanner (10th year)  
 Record at Stanford ..... 217-40  
 Career Record ..... Same  
 Assistant Coach ..... Susan Ortwein (10th year)  
 Water Polo Office Phone ..... (650) 725-9016

2006 Team Information

Overall Record ..... 24-5  
 Conference Record/Finish ..... 10-2/3rd  
 Conference Tournament Record/Finish ..... 3-0/1st  
 Postseason ..... 2-1/3rd  
 Final Team Ranking ..... 3  
 Letterwinners Returning/Lost ..... 11/5  
 Newcomers ..... 5

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Credits

The 2007 Stanford Women's Water Polo media guide was written and edited by Kendall Johnson. Layout and design by Hogue Design. Photography by David Gonzales and Tony Gauthier. Printing by db Print Solutions.

On the Cover

The Cardinal will be led by seniors Alison Gregorka, Katie Hansen, Christina Hewko and Meredith McColl.

Avery Aquatic Center

The recently rebuilt and remodeled Avery Aquatic Center is home to Stanford water polo, swimming and diving, and women's synchronized swimming. It is widely regarded as the finest outdoor facility in the United States, and one of the best in the world.



One of the highlights of the facility is a 37-meter and 14-foot deep competition pool, which can seat 2,530 spectators in a stadium-like setting. The facility also features a 25-meter diving well with a 10-meter diving tower. The variety of pools within the entire facility gives Stanford athletes and coaches tremendous flexibility when designing training programs and scheduling practices and competitions for all five home teams.

The newly constructed Avery Video Center has added 2,000 square feet to the existing Avery Aquatic Center. At a cost of \$1.4 million, the Avery Video Center will provide a meeting facility for all aquatic sports programs.

The Avery Aquatic Center was host to the first-ever NCAA Women's Water Polo Championship in May of 2001, and most recently hosted the 2004 Men's Water Polo MPSF and NCAA Championships. It will also be the host site of the 2008 Men's and Women's NCAA Championships.

Stanford Scholarship Funding

Two sources provide scholarship funds for Stanford's student-athletes: the Athletic Department's scholarship endowment and the Buck/Cardinal Club.

Endowed Scholarships

Endowed scholarships are large sums of money that have been invested in the University's endowment and generate significant interest income each year. A portion of the income is spent on student financial aid and the remainder is reinvested in the principal.

The following endowed scholarships, named for the donor or for whom the donor wishes to honor, provide full or partial grants-in-aid to members of the 2006-07 women's water polo team:

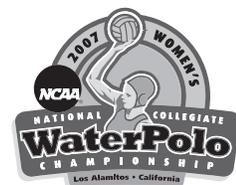
<b>The Walter L. Brandt Scholarship</b>	Christina Hewko
<b>The Don and Sally Clark Athletic Scholarship III</b>	Meredith McColl
<b>The Murray and Alexia Draper Scholarship</b>	Alison Gregorka
<b>The Reverend Joan Butler Ford Athletic Scholarship</b>	Katherine Hansen
<b>The Abbie Wood Fout Scholarship</b>	Kelsey Holshouser, Alexandra Koran
<b>The Johnson Foundation Scholarship</b>	Jessica Steffens
<b>The Ted Leland Family Athletic Scholarship</b>	Lauren Silver
<b>The Lions Club Concours d'Elegance Scholarship</b>	Kelly Eaton

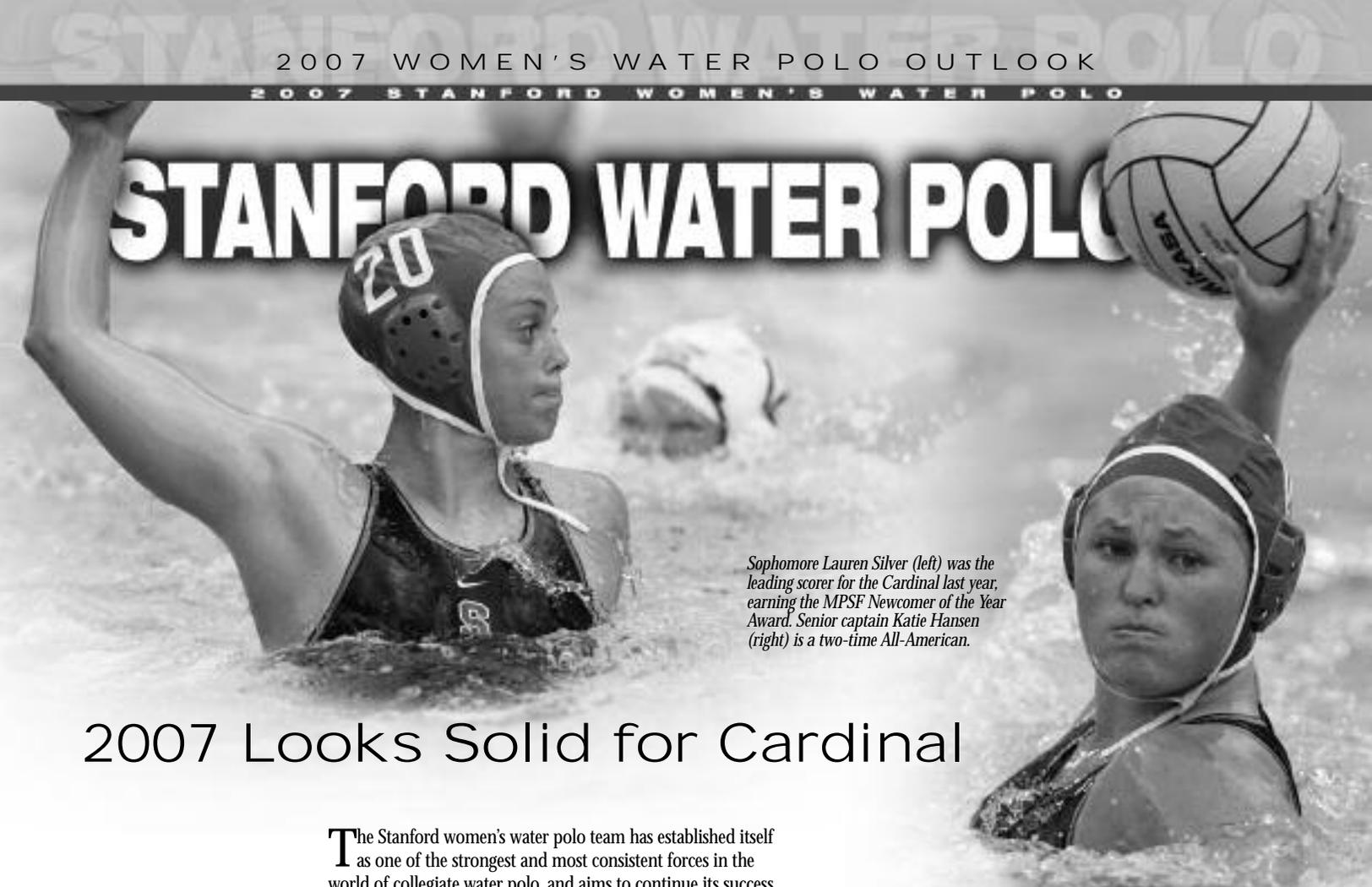
Buck/Cardinal Club

\$3 million is raised annually in scholarship funds through gifts from the Club's 6,000 members. Over 250 volunteers assist the Buck/Cardinal Club and the Athletic Department in their annual fund raising efforts. For more information about the Buck/Cardinal Club, please call (650) 723-5361.



(800) STANFORD





# STANFORD WATER POLO

*Sophomore Lauren Silver (left) was the leading scorer for the Cardinal last year, earning the MPSF Newcomer of the Year Award. Senior captain Katie Hansen (right) is a two-time All-American.*

## 2007 Looks Solid for Cardinal

With a string of top-three national finishes and four MPSF Championships to its name, the Cardinal is set to defend its place among the top collegiate programs and make a run for another NCAA title this season.

The Stanford women's water polo team has established itself as one of the strongest and most consistent forces in the world of collegiate water polo, and aims to continue its success in 2007. Last year, the program captured its fourth title in the toughest women's water polo conference in the country, before nailing down a ninth-straight top-three collegiate finish. In 2007, Stanford is determined to defend its MPSF title, and claim the national title that has eluded the squad since 2002. With four All-Americans, 11 solid returners and five promising newcomers, the Cardinal has both the enthusiasm and the skills to battle its way to the top this season.

Head Coach John Tanner begins his 10th season at the helm of the Cardinal with familiar expectations. His squads at Stanford have played in all six NCAA Championships, a feat no other program in the nation has accomplished. Consistent success has set the bar high for the program.

"Like every Stanford water polo team, we set out with the intention of competing for a national championship," says Tanner. "That's true of all teams at Stanford, and it has certainly been the case every year for us. We intend to compete everyday in practice with an eye toward competing in the last game, the last tournament, the last day of the collegiate season."

The 2007 squad will be led by captains Alison Gregorka and Katie Hansen, a pair of seniors with a wealth of collegiate and international experience. Their familiarity with championship situations, including three NCAA Tournaments, makes the duo well-equipped to lead the Cardinal this season.

"Both of our captains are fully aware of what it takes to be successful at Stanford and in the world of water polo," says Tanner. "I think they will bring a lot of experience, insight and a personal drive to excel."

The two remaining seniors, Christina Hewko and Meridith McColl will also be key leaders for the Cardinal, as will juniors Jacquelyn Gauthier and Megan Nesland. The Stanford squad is rounded out by five returning sophomores and five talented newcomers.

Here is a look at the Cardinal by position:

### Goalkeepers

Senior Meridith McColl returns for her fourth season in the cage, boasting more than 500 career saves. Last season, the Mission Viejo, Calif. native started all 29 games for the Cardinal and was key to the team's defensive dominance. A three-time All-MPSF honoree and a two-time All-American, McColl has been an extremely reliable goalkeeper who has been known to step up for the Cardinal in big games.

"We'll look to Meridith to anchor our defense this year," says Tanner. "Traditionally we've had the strongest defense in the country, with the lowest goals allowed per game, year in and year out. Goalkeeping has been a big part of that success."

Freshman Kate Heddleston (Granite Bay, Calif.) will also compete for time in goal for the Cardinal. The newcomer recently completed an outstanding prep career at Granite Bay High School, and was named a 2006 All-American.

"Kate is a very good athlete," says Tanner. "She has a lot of promise and we're very excited about her prospects."

### Two-Meter Offensive and Defensive Players

The Cardinal has solid experience at the two-meter position this season, with seniors Alison Gregorka and Christina Hewko returning to play key roles. Hewko, a three-time All-American, will be a vital part of the two-meter offense. Last season, she scored 24 times and will be once again looked upon to generate goals for the Cardinal.

"Christina is dynamic, creative and hard-nosed," says Tanner. "She's a very multi-dimensional player, who can also play very well on the perimeter."

Gregorka brings experience and strength to the Cardinal line-up, as well as the ability to contribute on both offense and defense.

"Alison is a reliable, tough defender," says Tanner. "She is good at fronting, strong when she plays behind, is a good shot-blocker and counterattacks well from the two-meter position. She's very mature and poised, which is why she's such a valuable asset to our team."

Sophomore Jessica Steffens also returns to the two-meter position for the Cardinal. In her first collegiate season, the Danville, Calif. native saw significant time as a two-meter defender and proved to be a solid force in front of the goal, eager to step up and challenge some of the top offensive players from opposing teams. Freshman Alex Koran (Tustin, Calif.) rounds out the Stanford two-meter players, joining the Cardinal this season after a successful career at Tustin High School.

#### Drivers

At the driver position, Tanner returns a solid core of players, including both of last year's top scorers. Senior Katie Hansen, a two-time All-American and three-time All-Conference player, scored 47 goals last season and tallied her 100th career goal in early April.

"Katie can score the ball in so many different ways and in different positions," says Tanner. "She is a very good passer and great goal-scorer who has been particularly effective in 6-on-5 and from the perimeter. She also finds open space really well and is a good counter-attack player."

The Cardinal also returns 2006 MPSF Newcomer of the Year Lauren Silver to the line-up. In her first collegiate season, she netted a team-leading 52 goals, scored in 26 of 29 games and led the team in scoring on 11 occasions.

"Lauren is a really strong outside shooter and made a big impact on our team and in the MPSF last year," says Tanner. "We expect that she will continue to improve and will be a critical part of our offense, providing that outside shooting threat that she showed last year."

Junior Jackie Gauthier brings a broad range of skills to the driver position, with the ability to score from the outside, attack the goal and be creative in front of the net. The Irvine, Calif. native scored 20 goals last season, including a career-high four in the season-opener. This season, she will be looked upon to continue to step up on offense for the Cardinal. Another junior, Megan Nesland, brings quickness and speed to the driver position. Nesland is a solid defensive player who can contribute in specific defensive situations.

With a year of collegiate experience under their belts, sophomores Kira Hillman, Heather West and Koree Blyleven are ready to take on significant roles for the Cardinal this season. Hillman is creative in front of the goal, a good shooter and quick on the counter-attack. West is a strong defender, whose strength and quickness make her a challenge to guard. Blyleven is known for her outside shooting power, which makes her a threat from anywhere in the pool.

In addition to the returning drivers, three Cardinal freshmen will look to make an immediate impact in 2007. Kelsey Holshouser (Santa Ana, Calif.) is a four-time All-American from Foothill High School, who is known for her clever shooting ability. Kelly Donahue (Annapolis, Md.) comes to the Farm from the East Coast where she was a standout on the Naval Academy Aquatic Club Team. Kelly Eaton (Menlo Park, Calif.), a local player from Menlo-Atherton High School, will also look to step in and make a difference for the Cardinal.

"Kelsey enjoys pressure situations and seems to be someone who will be very comfortable playing Division I water polo," Tanner says. "Kelly Donahue is an aggressive perimeter defender who has a real knack for getting herself open, creating space, creating scoring opportunities and shooting. Kelly Eaton is tenacious and one of the team's fastest counter-attackers."

#### Looking Ahead

Stanford wastes no time jumping into tough competition in 2007. In the first two weeks of the season, the Cardinal takes on two of its top three conference challengers and hosts one of the most competitive collegiate water polo tournaments in the country.

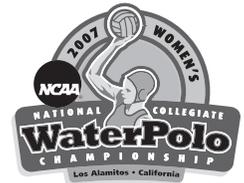
"It will be a fast start to the season this year," comments Tanner. "We'll have a pretty clear idea of what challenges we face by the end of that first month."

The season begins on February 2, when Hawaii comes to the Farm for a re-match of the 2006 NCAA third place game. The Cardinal continues opening weekend action with the Stanford Invitational, which includes all of 2006's top five national finishers. The Cardinal faces six conference opponents in the first month of competition, no easy task in a conference as challenging as the MPSF.

"Our conference is extremely challenging," says Tanner. "It usually has eight or nine of the top-10 collegiate teams and is far and away the best conference in the country. It's the most competitive from top to bottom. There are just no easy games in the MPSF."

This season, Stanford has a chance to face some of its top conference opponents in its home pool, however. The home schedule is highlighted with games against USC on February 17 and UCLA on April 14. On April 20, the Cardinal heads to Cal for the Big Splash, a battle that has traditionally been the most highly-anticipated dual match in college water polo.

The Cardinal begins its conference title defense at the MPSF Championships in Tempe, Ariz., April 26-29. The NCAA Championships are set for May 11-13 in Los Alamitos, Calif.



Junior driver Jackie Gauthier (below) brings versatile playmaking ability. At the two-meter position, three-time All-American Christina Hewko (bottom) will be a scoring threat.





## John Tanner

Head Coach  
Tenth Season

2003 MPSF Coach of  
the Year

2002 MPSF Coach of  
the Year

1998 MPSF Coach of  
the Year



*Coach Tanner led the Cardinal to a National Championship in 2002.*

John Tanner enters his tenth season at the helm of the Stanford women's water polo program. An experienced and enthusiastic coach, Tanner took on the developing program in 1997 and has since turned it into a nationally-ranked powerhouse that has produced an NCAA Championship, four MPSF Championships, 11 U.S. National Team members, and six Olympians. Tanner's squad has also competed in the NCAA Championship game in each of the first three years of the NCAA Tournament, and finished in the top-three nationally each season since he came on board in 1997. Tanner now holds a 217-40 (.844) career coaching record at Stanford.

Last season, Tanner led his squad to its fourth MPSF title and a 24-5 overall record. The Cardinal reached the national semifinals for the tenth-straight season and boasted five AWPCA All-Americans, five Academic All-Americans, five All-Conference honorees, and seven Academic All-Conference honorees.

In 2005, Tanner's squad earned runner-up honors at both the MPSF and NCAA Championships, finishing with a 21-7 overall record. The Cardinal boasted four AWPCA All-Americans, as well as eight Academic All-Americans and MPSF All-Academic selections.

During the 2004 season, Stanford earned third place at the NCAA Championships, following a second-place finish at the MPSF Championships. Posting a 19-5 overall record, the Cardinal was recognized not only for its superior athletic performance, but for its academic achievement as well. Three players were named All-Americans, and seven student-athletes were named MPSF Academic All-Conference and Academic All-Americans.

In 2003, Tanner was named the MPSF Coach of the Year for the second consecutive season after the Cardinal finished first in the MPSF Tournament and placed second in the NCAA Tournament. The Cardinal wrapped up the season with a 21-3 overall record with the help of MPSF Player of the Year Brenda Villa and Goalie of the Year Jackie Frank.

In 2002, he led the Cardinal to its first NCAA Championship and a 23-2 record. The Cardinal earned its first NCAA title, with the help of five All-Americans. Tanner was named the MPSF Coach of the Year for the most successful season in program history.

In 2001, the Cardinal finished second at the NCAA Championships with a 27-1 record, after becoming the first-ever collegiate team to remain undefeated during the regular season.

The 2000 Cardinal posted a record of 28-5 on its way to a third-place finish at the Collegiate Nationals, and boasted five All-Americans, four players named to Collegiate National All-Tournament teams, and eight Academic All-Americans.

In 1999, the team posted a 25-6 record and placed second at the Collegiate Nationals, falling to USC 7-6 in five overtimes in the Championship game.

In his first year as head coach in 1998, Tanner led Stanford to a 29-6 record and a third place finish at the Collegiate National Championships. That same year, he was named MPSF Coach of the Year, having, at the time, led the Cardinal to its most successful season in the history of the program.

A former Stanford water polo All-American himself, Tanner returned to his alma mater with a fortune of knowledge gained from years of coaching, both at the collegiate and international levels. Tanner has been involved with United States Water Polo in various capacities from 1988 to the present. He was the assistant coach of the U.S. Men's National Team that placed sixth at the 2000 Olympics in Sydney. He garnered the second World Championship of his career in 1997 as the Americans captured the World Cup in Athens, Greece.

Tanner began his international coaching career in 1988 as a scout coach for the U.S. National "A" Team. In December of 1988, he was appointed as head coach of the U.S. National "B" Team, a position he held until early 1991. In March of 1991, he was named the assistant coach of the U.S. Olympic Team. He helped the U.S. squad capture gold at the 1991 World Cup and a fourth-place finish at the 1992 Olympics in Barcelona.

In 1980, while a student-athlete at Stanford, Tanner became involved with coaching when he served as the head coach at Menlo-Atherton High School for one season. He then coached Menlo School for the 1983 season. In 1984, he served as an assistant coach for the Stanford men's water polo team under his former coach Dante Dettamanti, when the team advanced to the NCAA title match and finished the year with a 25-5 mark.

Following the 1984 season, Tanner was hired as the head coach of the men's water polo team at the University of the Pacific in Stockton, California. In 1988, he was named the school's Director of Aquatics and the head coach of the men's swimming program, holding all three titles until his appointment at Stanford in 1996. His teams finished in the top 15 in the nation all of his 12 years and in the top-10 each of his last 10 years. He captured Big West Conference Coach-of-the-Year honors in 1991, and in 1993 his squad finished fifth at the NCAA Championships.

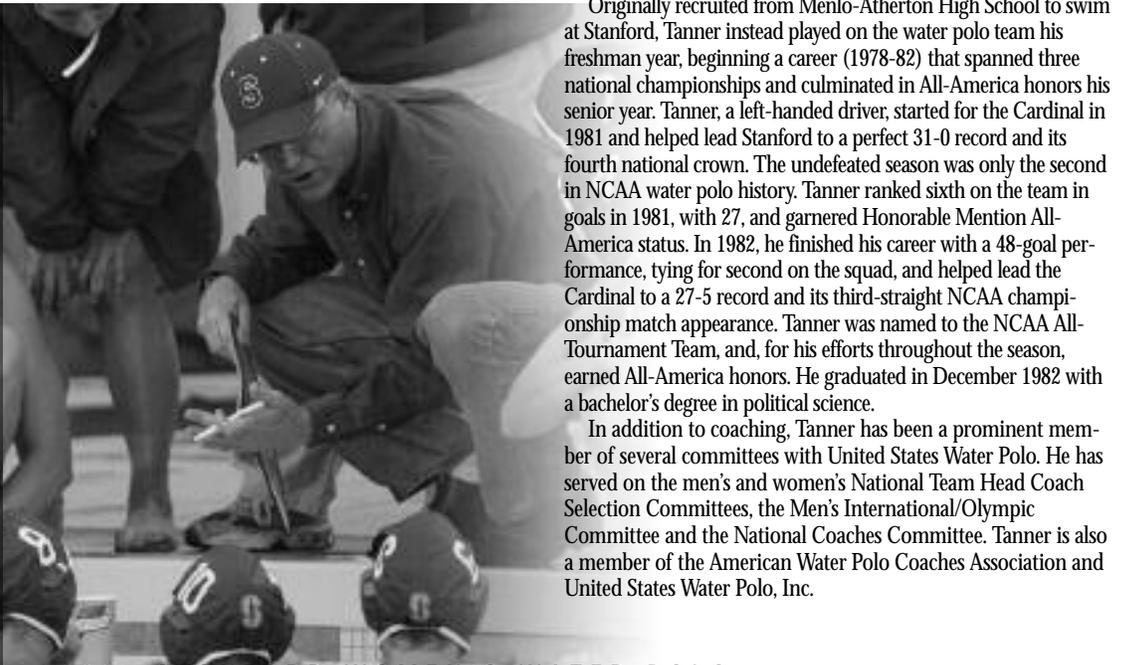
As the men's swimming coach at Pacific, he led the Tigers to a top-20 finish at the NCAA Tournament and coached Brad Schumacher, Pacific's first and only Olympic gold medalist in any sport. Tanner served as Schumacher's coach at the 1996 Summer Olympics in Atlanta, where he earned two gold medals as a member of the U.S. 4x100-meter and 4x200-meter free relay teams.

Originally recruited from Menlo-Atherton High School to swim at Stanford, Tanner instead played on the water polo team his freshman year, beginning a career (1978-82) that spanned three national championships and culminated in All-America honors his senior year. Tanner, a left-handed driver, started for the Cardinal in 1981 and helped lead Stanford to a perfect 31-0 record and its fourth national crown. The undefeated season was only the second in NCAA water polo history. Tanner ranked sixth on the team in goals in 1981, with 27, and garnered Honorable Mention All-America status. In 1982, he finished his career with a 48-goal performance, tying for second on the squad, and helped lead the Cardinal to a 27-5 record and its third-straight NCAA championship match appearance. Tanner was named to the NCAA All-Tournament Team, and, for his efforts throughout the season, earned All-America honors. He graduated in December 1982 with a bachelor's degree in political science.

In addition to coaching, Tanner has been a prominent member of several committees with United States Water Polo. He has served on the men's and women's National Team Head Coach Selection Committees, the Men's International/Olympic Committee and the National Coaches Committee. Tanner is also a member of the American Water Polo Coaches Association and United States Water Polo, Inc.

### John Tanner's Coaching Career

1980	Head Coach Menlo-Atherton HS
1983	Head Coach Menlo School
1984	Asst. Coach Stanford Men's Water Polo
1985-97	Head Coach University of Pacific
1988	Scout Coach U.S. National "A" Team
1989-90	Head Coach U.S. National "B" Team
1991-92	Assistant Coach U.S. Olympic Team
1997-00	Assistant Coach U.S. Olympic Team
1997- Present	Head Coach Stanford Women's Water Polo





Susan Ortwein begins her tenth year as an assistant coach for the Stanford women's water polo program. In her nine years on The Farm, Ortwein has coached the Cardinal to a 217-40 overall record, an NCAA Championship title, four NCAA runner-up finishes, and four MPSF Championship titles. Last season, Ortwein helped the Cardinal to an MPSF Championship and a third-place finish at the NCAA Championships.

In her first year, the Cardinal went 29-6 on its way to a No. 2 national ranking and a third-place finish at Collegiate Nationals. In 1999, Stanford turned in a 25-6 season and concluded the year with second place at the National Collegiate Championship game after falling to USC 7-6 in five overtimes. In 2000, Stanford finished with a third-place finish at Collegiate National Championship and a 28-5 record. In 2001, the Cardinal finished with its best record in school history at 27-1 and became the first-ever collegiate team to remain undefeated during the regular season. In 2002, the Cardinal posted a 23-2 record en route to its first-ever NCAA Championship. During the 2003 season, Stanford posted the program's third runner-up finish at the NCAA Championship, earning a 21-3 overall record. The Cardinal took third at the NCAA Tournament in 2004, placing second at the MPSF Tournament and completing a 19-5 overall record. In 2005, the team posted a 21-7 record and a NCAA runner-up finish.

Ortwein has primary responsibility for coaching Cardinal goalkeepers and two-meter players. Last season, two-meter player Christina Hewko and goalie Meridith McColl were named All-Americans for the second-straight season, and both received a third All-MPSF honor. In 2003, goalkeeper Jackie Frank was named NCAA Player of the Year and MPSF Goalie of the Year for the second consecutive season. Two-meter player Julie Gardner earned First-Team All-America and MPSF All-Conference honors that year as well.

As head coach of the Stanford Water Polo Foundation, Ortwein coached the team to the program's second National Championship in 2006. Current Stanford athletes Kelly Eaton and Kira Hillman were named to the All-Tournament Team, and both were named All-Americans at Senior Nationals, where the team placed second. In 2003, the team won its first National Championship in Mission Viejo, Calif., led by former Cardinal players Laurel Champion, Lauren Faust and Kate Pettit. In 2004,

the Stanford club team earned second-place at Senior Nationals, where recent alum Kelty Luber was honored as Tournament MVP and alums Hannah Luber and Nancy El-Sakkary were named All-Americans. At the 2004 Junior Nationals, the Stanford club team placed fourth, and also boasted the honor of having four players named to the All-Tournament team. During the summer of 2005, Ortwein's squad placed sixth at the USA Water Polo Championships and team member Christina Hewko earned Honorable Mention All-American honors.

In 1998, Ortwein was named assistant coach of the U.S. National Team. In addition to her responsibilities at Stanford, she helped to prepare the U.S. women for the 2000 Olympic qualifying tournament in Italy. The 2000 Summer Olympics in Sydney, where the U.S. won the silver medal, marked the first time women's water polo had been in the Olympic games.

Ortwein, a former collegiate water polo and swimming standout, came to The Farm from the University of the Pacific, where she spent two years at the helm of the Tiger women's water polo program.

At Pacific in 1996, Ortwein became the head coach of the school's first women's water polo team. Successful in establishing a competitive program, she completed her final year (1997) by guiding the Tigers to a 10-14 record, doubling the win total of the inaugural campaign, and establishing Pacific's place among the nation's top competitors.

Ortwein's coaching career began at her alma mater, UC Santa Barbara. She served as a graduate assistant coach for the Gaucho swim team in 1990-91 and as a women's water polo assistant in 1992-93.

In college, Ortwein was one of the top water polo players in UCSB history. A four-time All-American, she was instrumental in two Gaucho national championships (1987 and 1989) and one runner-up finish (1988). She was also an accomplished swimmer, helping UCSB to the Big West Conference title all four years.

She continued her water polo career with the U.S. National Team upon graduation. A national team member in 1991-92, she helped lead the U.S. to a third-place finish at the 1991 FINA World Cup.

Ortwein, a San Diego native, earned a bachelor's degree in sociology from UC Santa Barbara in 1990 and a master's degree in sport science in 1997 from Pacific.



Susan  
Ortwein

Assistant Coach  
Tenth Season

Scotti Shafer joins the Cardinal coaching staff this season as a Graduate Student Coach, after finishing a successful career at Stanford in 2006.

Shafer tallied more than 100 goals in her career on the Farm, including 40 during her senior season. The Carlsbad, Calif. native earned All-America honors in 2006 and received MPSF All-Conference Honorable Mention. She capped her Stanford career with an impressive performance at the NCAA Championships, netting nine goals and earning a spot on the NCAA All-Tournament First Team.

Shafer was a top academic performer at Stanford as well, as a three-time MPSF Academic All-Conference honoree and a four-time AWPCA All-Academic honoree. She graduated last spring with a degree in Sociology, and earned the NCAA Post-Graduate Scholarship to continue her studies. Currently, Shafer is pursuing a Master's Degree in Sociology at Stanford.



Scotti  
Shafer

Graduate Assistant



## #4 Koree Blyleven

San Diego, CA (The Bishop's School)  
Sophomore • 5-7 • Driver

**Summer 2006:** Worked, refereed and coached water polo ... Competed with San Diego Shores at 20/U and Open Nationals ... Named a Second Team All-American ...

Traveled with family and spent time at home in San Diego.

**As a Freshman in 2006:** Scored eight goals in her rookie season on the Farm ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... First collegiate goal came in season-opener against Pacific (2/4) ... Scored three times in first four collegiate games ... Netted a season-high two goals against UC San Diego (4/7) ... Also scored against USC (2/11), San Jose State (2/12), UC San Diego (2/25), Long Beach State (3/5) and Princeton (3/24).

**High School:** As a senior, named to First-Team All-Section, First-Team All-League, and First Team All-CIF ... Named TYR Cup MVP during senior season ... 2005 San Diego Union Tribune All-Academic ... Senior team captain ... Four-year letterwinner in water polo, three-year letterwinner in swimming ... Four-year Scholar-Athlete ... Won a gold medal at the Junior Olympics in both 2002 and 2004 ... Junior Olympic All-American in 2004 ... Helped team win the 2000 Speedo Cup Championship ... Won gold in the 2005 Open.

**Persona:** Born December 4, 1986 in San Diego, Calif. ... Daughter of Clyde and Debbie Blyleven ... Brother Scott attended UC Santa Barbara ... Plans to attend law school.

**Favorite Stanford Memory:** "It's the way Hoover Tower majestically stands against a blue sky. It's fountain hopping before final exams. It's the San Francisco scavenger hunt. It's the pride. It's playing volleyball on the Oval. It's the Bender Room. It's the synchro routine at the UCLA game. It's late night political debates. It's MemChu. It's researching the facts and drawing your own conclusions. It's scoring against USC. It's sneaking into Wilbur brunch. It's singing Christmas carols in Union Square. It's working one-on-one with Pulitzer Prize winners. It's Cardinal Life, Cornerstone, and MPPC. It's reading famous authors. It's meeting policymakers in Sacramento. It's meeting your drawmates. It's biking through the quad. It's seeing Sandra Day O'Connor. It's the dish at sunset, Full Moon on the Quad, the Stacks at midnight, Late Nite, concerts in San Francisco. It's the history, it's the moment, it's the possibilities."



## #12 Kelly Donahue

Annapolis, MD (St. Mary's)  
Freshman • 5-4 • Driver

**High School:** A 2006 graduate of St. Mary's High School in Annapolis, Md. ... A four-year varsity swimmer and two-time team MVP ... Played Water Polo for the Naval

Academy Aquatic Club Team ... A three-time member of the USA National Youth Team ... A 2004 First Team All-American at Summer Senior Nationals ... First Team All-American at Winter Nationals in 2005 ... Received Honorable Mention at Summer Senior Nationals in 2005 ... All-American at Junior Olympics in 2005.

**Persona:** Born December 25, 1987 in Annapolis, Md. ... Daughter of Patrick and Stevie Donahue ... Three siblings, Joe, Megan and Tommy, also play water polo ... Interested in international relations and history ... Plans on going into business or international law.

**On Coming to Stanford:** "I feel as though all my life I have lived in a little box and though I definitely got out a bit through polo and with my family and friends, I really felt like I needed something totally different. I really want to be able to travel widely in my future and experience things that will give me a better perspective on life and what is truly important. So I thought Stanford would be a good place to start and get away. Through Stanford, I will be able to explore the myriad of options at my feet."



## #5 Kelly Eaton

Menlo Park, CA (Menlo-Atherton)  
Freshman • 5-7 • Driver

**High School:** A 2006 graduate of Menlo-Atherton High School in Atherton, Calif. ... Competed in swimming and water polo ... Captained both squads as a senior ...

2005-06 CIF Female Scholar-Athlete of the Year ... A 2006 US Junior National Team member ... A First Team High School All-American ... A three-time First Team Junior Olympic All-American ... A First Team 20/U All-American at 2006 Junior Nationals ... A First Team Senior All-American Spare at 2006 Senior Nationals ... Pacific Zone Junior Team and Youth Team member ... *San Jose Mercury News* Player of the Year in 2005 ... Central Coast Section Player of the Year in 2005 ... Peninsula Athletic League Player of the Year in 2005 ... Honored by the *San Francisco Chronicle* as one of the Peninsula's Top-10 Female High School Athletes ... Four-time First Team All-Central Coast Section/CIF honoree ... Four-time All-Mercury News Team honoree.

**Persona:** Born May 11, 1988 in Mountain View, Calif. ... Daughter of Mike and Mary Etta Eaton ... Enjoys surfing, baking, reading, boogie-boarding and going to the beach ... Plans to major in Biology and pursue a career in biotech research or management.

**Choosing Stanford:** "You could say that an Ivy League university has all the same constituents of Stanford, save for the balmy weather, superior athletics, and easy-going student body."



## #3 Jacquelyn Gauthier

Irvine, CA (Woodbridge)  
Junior • 5-7 • Driver

**Summer 2006:** Played with the Irvine Water Polo Club for both Juniors and Seniors ... Coached the IWPC 10-14 age group and the under-16 age group through the

Junior Olympics ... Earned All-American Honorable Mention at Senior Nationals ... First Team Spare at Junior Nationals ... Worked at a pharmacy management company in Newport.

**As a Sophomore in 2006:** Contributed 20 goals to the Cardinal scoring effort ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Scored in 15 games ... Opened the season with a career-high four goals against Pacific (2/4) ... Netted two goals in wins over UC San Diego (2/25) and California (4/2) ... Tallied two goals at the NCAA Championships, against Marist (5/12) and Hawaii (5/14) ... Scored in the four final games of the regular-season ... An MPSF Academic All-Conference honoree ... Named to the AWPCA All-Academic Team.

**Summer 2005:** Captain of the Golden West team that took third place at the 20/U USA Water Polo



National Championships ... Coached the Golden West 10 & Under team and was the assistant coach for the 16 & Under team through the Junior Olympics.

**As a Freshman in 2005:** Scored one goal in 10 games played ... Helped the team to a second-place finish at both the MPSF and NCAA Championships ... Sprinted in multiple games for the Cardinal ... Had one steal in the MPSF Championship game versus UCLA (5/1) ... Netted a goal versus Pacific (4/2).

**High School:** Named the Woodbridge High School Scholar Athlete of the Year during her senior year ... *Irvine World News* Female Athlete of the Year ... NISCA First-Team All-American for water polo as a senior ... Captain of high school team during sophomore, junior, and senior years ... High school water polo MVP all four years ... Swimming MVP during her junior and senior years ... Scored 376 career goals, ranking fourth all-time in the CIF/Southern Section.

**Personal:** Born March 16, 1986, in Fountain Valley, Calif. ... Daughter of Tony and Lori Gauthier ... Has one sister, Rochelle ... American Studies major ... Most exciting sports moment was at the 2003 Junior Olympics ... Enjoys surfing, shopping, bungee jumping, camping, hunting and sign language ... Contemplating law school.

**Favorite Stanford Memory:** "It was on the way home from the airport on the bus after we won MPSF's, when out of nowhere the entire team began singing. We ranged from Disney songs to old school pop. Susan could barely stop laughing the whole time, probably since no one on the team can sing, yet we are yelling at the top of our lungs 'a whole new world, a new fantastic point of view...' We have never had so much fun singing off-key with the entire team. It was amazing!"



## #11 Alison Gregorka

Ann Arbor, MI (Pioneer)  
Senior • 5-10 • 2MD

**Summer 2006:** Played with the National Team at the 2006 FINA World Cup, traveling to Hungary, Italy, and China ... Team placed fourth and won World League.

**As a Junior in 2006:** Registered 13 goals for the Cardinal, helping the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Scored a season-high two goals against San Jose State (2/12), Arizona State (4/9) and UCLA (4/15) ... Scored in three of the first four games of the season, including the season-opener against Pacific ... Scored twice at the MPSF Championships, with a goal in the 6-3 Cardinal win over Hawaii in the conference title match ... Netted goals in six of the final eight matches of the regular-season ... Also played in goal for the Cardinal on three occasions and registered three saves ... An MPSF Academic All-Conference honoree ... Named to the AWPCA All-Academic Team.

**Summer 2005:** Spent the summer at home in Ann Arbor, Mich. playing with Great Lakes club team ... Nannied two children, ages 3 and 7, and spent time with family.

**As a Sophomore in 2005:** Sixth on the team with 17 goals on the season ... Played in all 29 games for the Cardinal ... Helped the team to second-place finishes at both the MPSF and NCAA Championships ... Earned Academic All-American and MPSF Academic All-Conference honors ... Had a steal, one forced turnover, two assists and one goal in NCAA tournament play ... Scored one goal in the MPSF Championship final versus UCLA (5/1) ... Had a goal and an assist against USC in the MPSF semifinal (4/30) ... Recorded a season-high two goals versus San Jose State (4/22), UC Davis (4/17) and CS Northridge (2/19).

**Summer 2004:** Helped the U.S. Team to gold at the 2004 Junior Pan-American Games.

**As a Freshman in 2004:** Contributed to Stanford's third-place finish at the NCAA Championships ... Scored 12 goals for the Cardinal.



## #10 Katie Hansen

Coronado, CA (Coronado)  
Senior • 5-9 • Driver

**Summer 2006:** Trained with the National Team in June ... Interned at Hospital Infantil de las Californias in Tijuana, Mexico during July and September ... Traveled in

Guatemala in August.

**As a Junior in 2006:** Finished second on the team with 47 goals ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Earned First Team All-American honors ... Named to the All-MPSF First Team ... Led the team in scoring on nine occasions and scored in 22 of 29 games ... Registered 14 multiple-goal games ... Scored in 11 straight matches during March and April ... Scored a career-high six goals against Hawaii (3/28), including four in the first half ... Netted four goals against Arizona State (4/9) ... Posted four hat tricks during the season, against Michigan (2/11), UC Santa Barbara (2/18), CS Northridge (2/19) and UCLA (4/29) ... Registered goals in all three MPSF Championship games ... Named to the MPSF All-Tournament Team ... Netted a goal against UCLA (5/13) in the NCAA Semifinals ... An MPSF Academic All-Conference honoree ... Named to the AWPCA All-Academic Team.

**Summer 2005:** Played with the US National Team in the FINA World League finals in Kirishi, Russia ... Was named Co-MVP at the USA Water Polo National Championships after leading the San Diego Shores to the 2005 title ... Also led the Shores to a third-place finish at the Junior Nationals, earning First-Team All-American honors ... During the school year, played for the gold-medal winning Team USA at the Junior Pan-American Games in El Salvador, as well as the USA Junior National Team that won gold at the Junior World Championships in Perth, Australia.

**As a Sophomore in 2005:** Stanford's leading scorer with 43 goals ... Played in all 29 games for the Cardinal ... Earned AWPCA Second-Team All-American honors ... Named to the MPSF All-Conference Second-Team ... Helped the team to second-place finishes at both the MPSF and



NCAA championships ... Netted a goal versus UCLA (5/15) in the NCAA championship game ... Scored in Stanford's NCAA semifinal victory over USC (5/14) ... Notched two goals in an upset win over USC (4/30) in the MPSF semifinal ... Scored three goals in the Big Splash (4/23), as well as against UC San Diego (2/25), CS Northridge (2/19) and against Hawaii (2/11) in the conference opener ... Recorded a career-high four goals against UC Davis (4/17) and also against San Jose State (2/13) in the Stanford Invitational.

**Summer 2004:** Played for the gold-medal winning Team USA at the Junior Pan-American Games in El Salvador.

**As a Freshman in 2004:** Contributed to Stanford's third-place finish at the NCAA Championship ... Scored 24 goals for the Cardinal ... Academic All-American ... MPSF All-Freshman Team.

**High School:** Named Harbor League, CIF and Union Tribune Most Valuable Player in 2003 ... Named team's Defensive MVP in 2000, Offensive MVP in 2001 and team MVP in 2002 and 2003 ... Named swimming team MVP four-straight years ... Four-time varsity letterwinner in water polo and swimming ... Co-captain of the water polo team during sophomore, junior and senior seasons and captain of the swimming team during junior and senior seasons ... Competed for the Coronado Peninsula Water Polo Club.

**Personal:** Born March 27, 1985, in Sumatra, Indonesia ... Daughter of Al and Janie Hansen ... Has one sister, Lizzie ... Human Biology major ... Enjoys scuba diving, tie-dying, snorkeling, traveling, thrift store shopping, lowtide bike riding, sailing and Jimmy Buffet ... Most exciting sports moments were winning the 2003 CIF Championship and the 2001 Hawaii Championship.

**Favorite Stanford Memory:** "One of the funniest memories is this random Thursday night before a full weekend of home games - UCSD, SDSU and ASU - and we also had two recruits, Kate and Alex, visiting. It was Jessica's birthday, so after practice that day we kidnapped Jess from the dining hall and took her to Gelatos to celebrate. The celebrating ended up going all night. At about 9:00 everyone met at my house to meet the recruits. Since we can't stand doing anything or going anywhere without wearing ridiculous costumes, everyone showed up with some random combinations. My favorite was Jenna and I - we both wore spandex, leotards, and cowboy boots. We fit right in because it was also Spandex Baking Night. (Every Thursday night the girls in my house wear spandex and bake cookies while singing Aretha Franklin at the top of our lungs.) So we sang and baked for a while. Then, since it was also Pledge Week, we thought we'd check out the rest of the Row. It was such craziness - Sigma Chi had a bounce house, Xanadu was having a dance party, Sigma Nu was throwing TV's off their balcony, and SigEp was having sumo wrestling at the Bob. A few of us went to CoHo for music, and the rest of us ran around the Row. Heather and I ended up at Bob. Somehow, we also ended up in sumo wrestling outfits. It was so fun! We looked so ridiculous. My stomach was aching the next day from laughing so hard! After all that exercise we went back to Storey and ate brownies and dot cake and watched TV. A great night ..."



## #1 Kate Heddleston

Granite Bay, CA (Granite Bay)  
Freshman • 5-10 • Goalkeeper

**High School:** A 2006 graduate of Granite Bay High School in Granite Bay, Calif. ... Earned three letters in swimming and diving, one in track and cross country and three in water polo ... Captained the swimming and water polo squads ... A three-time All-League First Team honoree ... Named to the All-Section Second Team as a sophomore and All-Section First Team as a junior and senior ... Two-time team MVP ... Received All-America honors as a senior.

**Personal:** Born March 17, 1988 in Berlin, Germany ... Daughter of Les and Cherie Heddleston ... Plans to major in Engineering and minor in French ... Considering a career in business ... Enjoys playing guitar, singing, dancing and running through sprinklers.

**On Choosing Stanford:** "I decided on Stanford for several reasons. The first was that I wanted to stay closer to my family. I've only been in California for three years, so I didn't need a change of scenery, plus Palo Alto's a good distance from where I'm from. I really wanted to be at school with my brother, and Stanford is more familiar and more home-like for me. I just got more excited with the thought of going to Stanford than I did of going anywhere else. It had everything I wanted - good academics, the right size, and really fun, involving athletics. It was really important to me to go to a school that had a lot of school spirit."



## #15 Christina Hewko

Newport Beach, CA (Corona del Mar)  
Senior • 5-10 • 2-Meter

**Summer 2006:** Trained with the National 'A' Team for two and a half weeks ... Competed with the National 'B' Team in Quebec City, Canada for the Fina World League ... Spent time working out, doing yoga and doing volunteer work.

**As a Junior in 2006:** Finished fifth on the team with 24 goals ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Earned Second Team All-American honors ... Named to the All-MPSF Second Team ... Notched goals in 17 games and had five multiple-goal outings ... Recorded hat tricks against Princeton (3/24) and in the NCAA Championships against Marist (5/12) ... Netted two goals against USC (2/26), UC San Diego (4/7) and UCLA (4/15) ... Tallied seven goals in four games midway through the season ... Scored two goals at the MPSF Championships ... Named to the NCAA All-Tournament Second Team.

**Summer 2005:** Played on the USA Junior National team at the World Championship in Perth, Australia, helping the team win a gold medal with a game-winning goal ... Competed for the Stanford Water Polo Foundation at the USA Water Polo Championships, helping the team to a sixth-place finish and earning Honorable Mention All-American honors.

**As a Sophomore in 2005:** Stanford's fourth-leading scorer with 33 goals ... Played in all 29 games for the Cardinal ... Helped the team to second-place finishes at both the MPSF and NCAA championships ... Selected as a AWPCA First-Team All-American ... Named to the NCAA All-Tournament Team ... Earned MPSF All-Conference First-Team and MPSF Championship All-Tournament Team honors ... Created two turnovers and had one assist to help Stanford beat USC (5/14) in the NCAA semifinal ... Scored one goal and had one assist Stanford's NCAA first-round victory over Michigan (5/13), forcing a turnover and collecting one block ... Netted a goal in the MPSF championship game versus UCLA (5/1) ... Notched two goals in an upset MPSF semifinal victory over USC (4/30) ... Recorded a season-high three goals against San Jose State (4/22), UC Davis (4/17), and UCLA (4/15).

**Summer 2004:** Played for the U.S. Junior National Team, helping the team win the Junior Pan-American Games in El Salvador.

**As a Freshman in 2004:** Helped Stanford to a third-place finish at the NCAA championships ... Tallied 15 goals for the Cardinal ... Earned All-American Honorable Mention ... Named to the MPSF All-Freshman Team.

**High School:** Corona del Mar High's 2003 Female Athlete of the Year ... Named Division and Pacific Coast League Most Valuable Player during her junior and senior seasons ... Selected as an All-American at the Junior Olympics during the summer of 2002 ... Team was crowned Pacific Coast League champions in 2002 and 2003 ... Earned First-Team All-CIF and Pacific Coast League, and was named team Co-MVP during freshman and sophomore seasons ... Captained the swimming team in 2003 and water polo team in 2003 ... Four-year letterwinner in swimming and water polo.

**Personal:** Born April 25, 1985, in Huntington Beach, Calif. ... Daughter of Thomas and Kathy Hewko ... Has two brothers, Justin and Nathan and one sister Camille ... Most exciting sports moment was winning the CIF quarterfinal game in high school by one goal, ten seconds remaining in the game, off of a tip-in by her teammate after missing the shot ... Enjoys traveling, creative art projects, dancing, tutoring, volunteer work, going to Inter Varsity, surfing, Taco Loco, and going for sunset walks to The Dish ... International Relations major.

**Favorite Stanford Memory:** "It was when I walked up to my dorm on move-in day and the entire staff knew my name before I had met any of them. This really surprised me, but also made me feel really welcome and excited about being at Stanford."





#9  
Kira Hillman

Carlsbad, CA (Carlsbad)  
Sophomore • 5-7 • Driver

**Summer 2006:** Played for the Stanford Club Team ... Helped the team to a first place finish at the USA Water Polo Junior National Championships ... Earned First

Team All-American honors ... Team took second place at the National Championships ... Also named a First-Team All-American.

**As a Freshman in 2006:** Scored three times in her rookie season on the Farm ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... First collegiate goal came in season-opener against Pacific (2/4) ... Contributed a goal in Cardinal win over Long Beach State (3/5) ... Netted a goal in the first round of the NCAA Championships against Marist (5/12).

**Summer 2005:** Competed for the San Diego Shores at the U-20 USA Water Polo National Championships, helping the squad to a third-place finish and selected as an Honorable Mention All-American ... Traveled to Barcelona, Spain with the Shores ... Also competed with the Shores at the 18/U Junior Olympics, assisting in a first-place finish and earning Second-Team All-Tournament honors.

**High School:** Four-year letterwinner in both swimming and water polo ... Named the Carlsbad High School Female Athlete of the Year as a senior ... Named All-North County in 2003, 2004 and 2005 ... All-CIF in 2004 and 2005 ... 2005 All-Avocado League Player of the Year ... Member of the Carlsbad High School record-holding 400 freestyle relay team.

**Personal:** Born July 15, 1987, in Glendale, Calif. ... Daughter of Ken and Kristy Hillman ... Has a brother named Kellen ... Possible Human Biology major ... Enjoys going to the beach, dancing, taking pictures, watching scary movies and shopping  
**Favorite Stanford Memory:** "Some of the best memories I have are from hanging out with my teammates, whether it's in the locker room gossiping about our day, on the road in a full van for away games, or just gathering for dinner at Stern after practice. Our team is so supportive, eclectic, and up for anything, making it so easy to fit in from the beginning. As much as I love being an athlete (easy friends, respect from classmates, special privileges, free stuff, fun trips, the ability to play the sport I love everyday), it really is the girls on the team that have given me such fond memories of Stanford."



#7  
Kelsey Holshouser

Santa Ana, CA (Foothill)  
Freshman • 5-4 • Driver

**High School:** A 2006 graduate of Foothill High School in Tustin, Calif. ... Earned four letters in swimming and diving and four in water polo ... Captained the water

polo squad from 2004-06 ... Named to the All-CIF Division I First Team as a junior and senior ... A First Team All-Orange County honoree in 2005 and 2006 ... Four-time All-American ... Led team to 2005 Division I CIF Championship.

**Personal:** Born March 18, 1988 in Redlands, Calif. ... Daughter of Jeffrey and Barbara Holshouser ... Enjoys traveling, frolicking in the ocean, eating bean and cheese burritos, Sudoku and complicated math problems ... Plans to major in Economics/Management Science and Engineering ... Contemplating a career as a venture capitalist.

**On Choosing Stanford:** "When I was deciding on a school, I was very conflicted. I had friends from my club team going to other schools and it would have been easy to make my decision based on that. When I came on my recruiting trip, however, I noticed that this team is like a family. I felt very welcome and it made me realize a lot of things about where I wanted to go to school. Besides that fact that this is the best combination of academics and athletics in the country, I realized that college goes beyond the four years that you spend on campus. It will be with you for the rest of your life, and I knew that I wanted Stanford to be with me for the rest of my life. I also considered where I would want to be going to school if for some reason I was unable to play water polo in the future, and Stanford was it. The team, the school, and the reputation at Stanford are unbeatable."



#16  
Alex Koran

Tustin, CA (Tustin)  
Freshman • 6-0 • 2-Meter

**High School:** A 2006 graduate of Tustin High School in Tustin, Calif. ... Earned four letters in swimming and diving and three in water polo ... Captained both

swimming and water polo squads ... Named to the All-CIF Division II Third Team as a junior and First Team as a senior ... An All-League Second Team honoree as a junior and the Century League Player of the Year as a senior ... Named a Fifth Team All-American and an All-American Academic honoree as a senior.

**Personal:** Born November 5, 1988 in Whittier, Calif. ... Daughter of David and Barbara Tolbert ... Enjoys going to the beach, snow-skiing, horseback riding and hanging out with friends ... Plans to major in Human Biology and pursue a career in medicine or research.

**On Choosing Stanford:** "I chose to attend Stanford because the day I visited, I fell in love with the campus. I already knew that it offered the best academics and resources in general, but I never really grasped the idea of what was offered until I walked on campus and visited the classes, centers, and athletic facilities. The opportunities are endless here. This school is truly one of a kind, and I knew that if I passed up the opportunity to attend such an institution, I would regret it for the rest of my life. One of the most important aspects of student life on campus is that everyone is so generous and willing to help you. You are never on your own here, and you always have someone to turn to for advice or help. When I visited last year, I saw firsthand how Stanford was its own community and everyone worked together to succeed, and I loved it. This school is truly remarkable, and I feel so lucky to have the opportunity to attend."



#1  
Meredith McColl

San Diego, CA (Capistrano Valley)  
Senior • 5-11 • Goalkeeper

**Summer 2006:** Took Chinese summer classes ... Spent time with family in San Diego.

**As a Junior in 2006:** Started all 29 games in goal for the Cardinal and registered 226 saves ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Earned Second Team All-American honors ... Named to the All-MPSF First Team ... Registered double-figure saves on eight occasions, including the third place game at the NCAA Championships ... Collected a season-high 15 saves against UC Santa Barbara (2/18) ... Tallied 14 saves against USC (3/9) ... Recorded 21 saves during the MPSF Championships ... Named to the MPSF All-Tournament Team ... An MPSF Academic All-Conference honoree ... Named to the AWPCA All-Female Collegiate Team ... A finalist for the Peter J. Cutino Award for the country's top female collegiate water polo player.

**Summer 2005:** Spent the summer training with the National Team ... Also conducted a research project and traveled to Belgium to study the European Union ... Helped the USA Junior National Team to a gold medal at the Junior World Championships in Perth, Australia during the school year.

**As a Sophomore in 2005:** As Stanford's starting goalie, made 190 saves in 29 games in the goal ... Honored with the prestigious Block 'S' Outstanding Female Sophomore Award, presented the most outstanding female sophomore athlete at Stanford ...

Named to the AWPCA All-American Second-Team ... Selected as NCAA All-Tournament Honorable Mention ... MPSF All-Conference Second-team and named to the MPSF Championship All-Tournament Team ... Earned Academic All-American and MPSF Academic All-Conference honors ... Helped the team to second-place finishes at both the MPSF and NCAA championships ... Tallied eight saves in the NCAA championship final versus UCLA (5/15) ... Notched nine saves in Stanford's semifinal victory over USC at the NCAA tournament (5/14) ... Recorded 10 saves versus Michigan (5/13) in the first round of the NCAA ... Recorded a career-high 19 saves to help upset USC (5/1) in the MPSF semifinal.

**Summer 2004:** Played for the gold medal-winning Team USA in the Junior Pan-American Games in El Salvador.

**As a Freshman in 2004:** Starting goalie for Stanford's third-place NCAA team ... Tallied 137 saves ... MPSF All-Conference honoree.

**High School:** 2003 CIF State Scholar-Athlete of the Year, Capistrano Valley High School Female Athlete of the Year and *Orange County Register* Scholar-Athlete ... Four-time First-Team South Coast League and three-time First-Team All-CIF ... Captained the water polo squad during her senior season ... Four-year Governor's Scholar ... Member of the USA National Junior Team in 2003 and 2002 ... Squad won the silver medal at the 2003 Junior World Championships and the gold medal at 2002 Junior Pan-American Games ... U.S. Water Polo Junior Olympic All-American in 1998, 1999, 2000 and 2001 ... A four-year varsity letterwinner in water polo and three-year letterwinner in swimming.

**Persona:** Born August 10, 1985, in San Diego, Calif. ... Daughter of Duncan and Emily McColl ... Has siblings, Will, Andrew and Scott ... Grandfather, Bill, father, Duncan, and uncle, Milt, are all former members of the Stanford football team who went on to play professionally (Bill-Chicago Bears, Duncan-Washington Redskins, Milt-San Francisco 49ers) ... Father and grandfather are now members of the Stanford Athletics Hall of Fame ... Mother, Emily, was a sweeper on the Stanford women's field hockey team ... Uncle, John, was an outside hitter for the Stanford men's volleyball team ... International Relations major.

**Favorite Stanford Memory:** "It was an Overseas Seminar in Belgium. Each day, we had an activity and a lecture with either a professor, diplomat, or policy maker. We toured a brewery and cheered Belgium on at a soccer match. We went on bike rides through the countryside, took trains to the beach, and we even spent a weekend in Amsterdam. While there, I also found a pool and went to workout. On the deck, I saw the familiar 'Mikasa' symbol in the hands of none other than a Belgian water polo player! He spoke good English, and we were fast friends. I ended up training with his local masters team, and it was so much fun! One night, my polo friends got together and cooked homemade chocolate fondue as a surprise (because I love chocolate!). On this trip I met some awesome people (inside the seminar as well as out) that I still keep in touch with. I had the time of my life."



## #8 Megan Nesland

Long Beach, CA (Wilson)  
Junior • 5-4 • Driver

**Summer 2006:** Worked in the Stanford Earth Sciences Labs researching the Methylation of Mercury in the San Jose Wetlands ... Traveled to Bora Bora and Bermuda.

**As a Sophomore in 2006:** Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Scored first collegiate goal against Michigan (2/11).

**Summer 2005:** Worked at the Long Beach Yacht Club teaching surf lessons and coaching the swim team.

**As a Freshman in 2005:** Helped the team to second place finishes at both the MPSF and NCAA Championships in her first season for Stanford.

**High School:** Played for the Viking Aquatics and Shore Aquatics ... Water polo team captain in 2004, swimming team captain in 2004 ... Most Inspirational Varsity Player 2004 ... Scholar-Athlete 2001-2004 ... All-CIF Honorable Mention 2004 ... Swimming All-American Honorable Mention in 2003.

**Persona:** Born August 1, 1986, in Long Beach, Calif. ... Daughter of Brad Nesland and Diane Dilday and stepdaughter of Richard Dilday ... Has two brothers, Travis Nesland and Rick Dilday and two sisters, Stephanie Nesland and Nicole Nesland ... Most exciting sports moment was traveling to Holland in 2000 with Shore Aquatics to compete with the Dutch teams and learn their style of play ... Hobbies include surfing, playing Arena soccer, rocks, tie-dying, and attending local concerts ... Geology & Environmental Science major.

**Favorite Stanford Memory:** "It was one evening, my sophomore year. My friend Jenna and I decided to plan our own birthday party, however both of our birthdays are in the summer, so we hosted our own half-birthday party. We invited all of our friends to go to the Redwood City Roller Rink for an evening of roller-skating (rollerblades were strictly forbidden) and fun costumes (a requirement for attendance). We wore matching iridescent jumpsuits, one blue and one gold. All of our friends came in hilarious costumes and we ended the evening with one of those big, cartoon cakes from the grocery store. What could be better?"



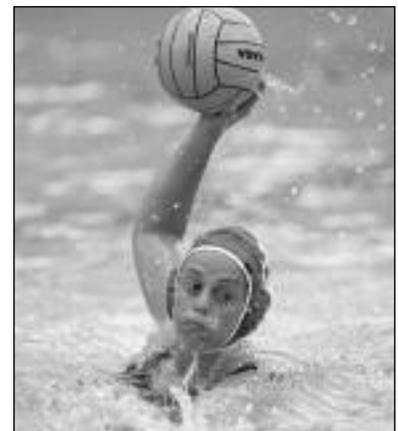
## #20 Lauren Silver

Long Beach, CA (Wilson)  
Sophomore • 5-9 • Driver

**Summer 2006:** Competed with the Senior National 'B' team in Quebec, Canada ... Captained the Junior National Team, which competed in Europe.

**As a Freshman in 2006:** Led the team in scoring during her freshman campaign with 52 goals ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Earned All-American Honorable Mention ... Named the MPSF Top Newcomer ... Received All-MPSF Honorable Mention and All-Freshman Team honors ... Scored in 26 of 29 games and scored multiple goals on 18 occasions ... Led the team in scoring 11 times ... Recorded a career-high four goals against UC Irvine at the MPSF Championships ... Registered a hat trick in her first collegiate outing against Pacific (2/4) ... Netted 17 goals in first seven collegiate games ... Registered six total hat tricks during the season, against Pacific (2/4), San Jose State (2/12), UC Santa Barbara (2/18), Long Beach State (3/5), Hawaii (3/28) and San Diego State (4/8) ... Tallied seven goals at the MPSF Championships ... Added five more at the NCAA Championships ... Named to the NCAA All-Tournament Second Team ... Recipient of the Block 'S' Freshman Award.

**High School:** Four-year letterwinner in both swimming and water polo ... Three-time Moore League Player of the Year in her sophomore, junior, and senior years ... Twice named the "Dream Team" Player of the Year ... Named to the All-CIF First-Team three years in a row ... Four-time All-American ... Second all-time leading scorer ... Was a part of the gold medal Junior National team at the Junior Pan-American Games ... Selected First-Team All-Tournament at the 20/U Championships in Orange County, Calif.



**Persona:** Born January 28, 1987 in Long Beach, Calif. ... Daughter of Greg Silver and Kathy Drum ... Mother, Kathy, swam on the 1976 United States Olympic team, was a World Champion, and an American record-holder ... Contemplating a career as a lawyer.

**Favorite Stanford Memory:** "It was our freshman synchro routine. We never got it right except our practice before the real thing (and even then we didn't get the jump right) but we pulled it off and everyone was either relieved or excited (I don't really know!) that we pulled it off without any mistakes!"



## #17 Jessica Steffens

Danville, CA (Monte Vista)  
Sophomore • 6-0 • 2MD

**Summer 2006:** Played with the National Team ... Went to Canada with teammates Katie Hansen, Christina Hewko, and Lauren Silver ... Went to Hungary and Italy where

the team won World League ... Traveled to China as an alternate for the FINA World Cup.

**As a Freshman in 2006:**

Contributed 15 goals to the Cardinal scoring effort during her rookie season on the Farm ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... Scored in 11 games ... Netted a pair of goals in her first collegiate outing against Pacific (2/4) ... Also scored pairs against San Jose State (2/12), Long Beach State (3/5) and Hawaii (5/14) ... Two goals against Hawaii came in the third place match at the NCAA Championships.

**High School:** Four-year

letterwinner in water polo, double letterwinner in swimming ... First-Team North Coast Section and Third-team All-American as a junior ... MVP of the North Coast Section and Second-Team All-American as a senior ... Led team to the NCS title during junior and senior seasons ... Captain of both the water polo and swimming teams as a senior ... Named to the 2005 Junior National Team.

**Persona:** Born April 7, 1987 in San Francisco, Calif. ... Daughter of Carlos and Peggy Steffens ... Father, Carlos, played water polo at Cal ... Has two sisters, Maggie and Teresa and a brother, Charlie, who all play water polo.



**Favorite Stanford Memory:** "The day I actually realized that I was at Stanford and not living in some dream, was when we got all the Nike stuff last year. Kira, Lolo and I sprinted back to Donner after practice to model every possible outfit, some of which were not too flattering. I just remember finally being able to put on a Stanford fleece and realizing how fortunate I was to be here."



## #13 Heather West

Davis, CA (Davis Senior)  
Sophomore • 5-8 • Driver

**Summer 2006:** Competed with Stanford at 20/U and Nationals ... Led team to a first-place finish at 20/U and a second-place finish at Nationals.

**As a Freshman in 2006:** Scored three times in her rookie season on the Farm ... Helped the team to its fourth MPSF Championship and a third-place finish at the NCAA Championships ... First collegiate goal came against UC Davis (3/11) ... Netted a goal in the Cardinal win over UC San Diego (4/7) ... Scored for the Cardinal in the first round of the NCAA Championships against Marist (5/12).

**High School:** Four-year letterwinner in Track, Swimming, and Water Polo ... Captain of the water polo team as a junior and senior ... Named the 2005 California Scholar Athlete of the Year ... San Joaquin Section MVP and First-Team All-American as a senior ... Four-time All-League and three-time All-Section honoree ... Named the Davis High School Athlete of the Year ... A six-time All-American in swimming.

**Persona:** Born March 13, 1987 in Woodland, Calif. ... Daughter of Rick and Cathy West ... Sister, Sarah, is a runner at UCLA ...

Mother, Cathy, swam in the 1972 Olympics where she won two gold medals and broke two world records.

**Favorite Stanford Memory:** "One of my best Stanford memories is from last year in my freshman dorm. We all went to one of the events for New Student Orientation (NSO) and were getting in huge cheering contests with the other dorms. That was when I realized I had come to a place that would always have something exciting and new to offer me with plenty of interesting people to experience all those new things right along with me."



Stanford Women's Water Polo would like to thank the following donors for their generous support since the 2004-05 season

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Chris Crader  
Suzi Crary  
Alison Davis  
Angela DeDolph (Sevcik)  
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## Women's Water Polo Adds Fourth CIF Scholar-Athlete of the Year



*Scotti Shafer, Meridith McColl, Heather West and Kelly Eaton each won CIF Female Scholar Athlete of the Year honors.*

Cardinal newcomer Kelly Eaton, the fourth Stanford women's water polo player selected in the last five years, was honored in June.

The Stanford women's water polo team is not only one of the nation's most dominant teams in the pool, but also includes a group of top academic performers. In 2006, freshman Kelly Eaton of Menlo Park was honored as the California Intercollegiate Federation Scholar-Athlete of the Year. Notably, a future Stanford women's water polo player has won the award four out of the past five years. In 2007, the Cardinal squad will include all four winners as players or staff.

The award, established in 1982, recognizes one female and one male student-athlete each year for excellence in the classroom, in athletics and strong contributions to the community. The students are honored at the State Capital and on the Senate and

Assembly Floors in Sacramento and receive a \$2,000 scholarship to the school of their choice. Nominations for the prestigious award were received from the 1,393 high schools that make up the CIF membership.

Since 2002, all but one of the females chosen has been a water polo player bound for the Farm. In 2002, Scotti Shafer (Carlsbad HS) was selected. Shafer graduated from Stanford last year as a Second Team All-American, an All-MPSF performer, a three-time MPSF All-Academic honoree and a four-time AWPCA All-Academic honoree. She finished her career with 100 goals, including nine in the 2006 NCAA Tournament, and earned the NCAA Post-Graduate Scholarship to pursue her masters in Sociology at Stanford. Shafer is also the current Graduate Student Coach for the women's water polo team.

Current Cardinal senior Meridith McColl (Capistrano Valley HS) was the 2003 CIF Female Scholar-Athlete of the Year. At Stanford, McColl has become one of the top goalkeepers in the nation, and is a two-time All-American, a three-time All-Conference honoree, a two-time MPSF All-Academic honoree and a two-time member of the AWPCA All-Academic Team. Last season, she collected a career-best 226 saves.

In 2005, current Cardinal sophomore Heather West (Davis Senior HS) was selected at the CIF Scholar-Athlete of the year. In her rookie season last year, she netted three goals, including a score in the first round of the NCAA Championships.

Eaton joins the Cardinal this season after a successful prep career at Menlo-Atherton High School. She was recognized by the *San Francisco Chronicle* as of the Peninsula's Top Ten Female High School Athletes and was named the water polo player of the year by both the CIF Central Coast Section and the *San Jose Mercury News*. She has been an active volunteer in various community organizations.

Since 1998, the Stanford program has earned 57 AWPCA All-Academic honors and 56 MPSF All-Academic honors, while finishing in the top-three at the NCAA Championships all nine seasons.

## Stanford Water Polo Gives Back to the Community



*Katie Hansen (left) and Lauren Silver (middle) work with a couple of students at the East Palo Alto Charter School. Students often come to cheer on the Cardinal at matches (above).*



Stanford women's water polo players excel not only in the pool and in the classroom, but are also active members of the community. In 1999, the team decided it wanted to give back to the local community and has since been committed to a tutoring and mentoring program at the East Palo Alto Charter School. The team wanted to participate in something on-going, committing to more than just a one-time event. Each player and coach on the squad tutors at EPA Charter on a weekly basis. Players come once each week for at least an hour and work with one or two students on a focused academic

skill. While the Cardinal athletes have helped to drastically improve the reading and math abilities of many students, they often serve even more important roles as female role models and friends. The students have close relationships with the players, and often come as fans to cheer on the Cardinal. Over 30 students have showed up to loudly support their favorite athletes. The players and coaches also donate dozens of holiday gifts to students, adopting three to four families each year.



Scotti Shafer (center) was one of the top scorers for the Cardinal during her senior campaign in 2006.

### 2006 Results

Overall Record: 24-5 MPSF Record: 13-2

Date	Opponent	Result	Goals
Feb. 4	Pacific*	W, 17-2	Gauthier (4), Silver (3), May (2), Steffens (2), El-Sakkary, Gregorka, Hewko, Hillman, Blyleven, Scalmanini
Feb. 11	Michigan!	W, 12-4	Hansen (3), El-Sakkary (3), Silver (2), Gregorka, Hewko, Gauthier, Nesland
Feb. 11	USC!	L, 7-9	El-Sakkary (2), Silver (2), Blyleven, Champion, Shafer
Feb. 12	San Jose State!	W, 13-5	Silver (3), Steffens (2), Gregorka (2), Hewko, Hansen, May, Blyleven, Champion, El-Sakkary
Feb. 12	California!	W, 6-4	Silver (2), Shafer (2), Hansen, Gauthier
Feb. 18	at UCSB*	W, 8-5	Silver (3), Hansen (3), Champion, Shafer
Feb. 19	at CS Northridge*	W, 11-4	Hansen (3), Silver (2), El-Sakkary (2), Gauthier, May, Steffens, Shafer
Feb. 25	UC San Diego^	W, 11-4	Shafer (3), Hansen (2), May (2), Gauthier (2), Blyleven, Hewko
Feb. 25	California^	W, 8-3	Champion (2), Hansen (2), El-Sakkary, Silver, Steffens, Shafer
Feb. 26	UCLA^	W, 4-2	Silver (2), Hansen, Hewko
Feb. 26	USC^	L, 5-6	Hewko (2), Shafer, El-Sakkary, Steffens
Mar. 4	UC Irvine*	W, 5-2	Silver (2), Shafer, Hansen, Hewko
Mar. 5	Long Beach St.*	W, 14-5	Silver (3), El-Sakkary (3), Hansen (2), Steffens (2), Hewko, Gauthier, Hillman, Blyleven
Mar. 9	at USC*	L, 6-7	Hansen (2), Silver, Gauthier, Champion, Shafer
Mar. 11	at UC Davis	W, 9-3	Shafer (3), Hansen (2), Silver (2), Steffens, West
Mar. 24	Princeton	W, 12-3	Hewko (3), Shafer (3), May, Gauthier, Gregorka, Hansen, Silver, Blyleven
Mar. 28	at Hawaii*	W, 12-6	Hansen (6), Silver (3), Shafer (2), Hewko
Apr. 2	California*	W, 8-4	Gauthier (2), Steffens, Hewko, Silver, Hansen, Gregorka, El-Sakkary
Apr. 7	UC San Diego	W, 15-4	El-Sakkary (4), Hansen (2), Hewko (2), Silver (2), Blyleven (2), Shafer, Gregorka, West
Apr. 8	San Diego State*	W, 7-2	Silver (3), Hansen (2), Shafer, Gauthier
Apr. 9	Arizona State*	W, 15-6	Hansen (4), El-Sakkary (2), Gregorka (2), Shafer (2), Champion, Silver, May, Gauthier, Steffens
Apr. 15	at UCLA*	L, 8-9	Hansen (2), Hewko (2), Gregorka (2), Gauthier, Champion
Apr. 21	at San Jose State*	W, 9-3	Shafer (3), El-Sakkary, Champion, Hewko, Silver, Gauthier, Steffens
<b>MPSF Tournament</b>			
Apr. 28	UC Irvine	W, 10-4	Silver (4), Shafer (4), Hansen, Hewko
Apr. 29	UCLA	W, 5-4	Hansen (3), Silver, Gregorka
Apr. 30	Hawaii	W, 6-3	Silver (2), El-Sakkary, Gregorka, Hansen, Hewko
<b>NCAA Tournament</b>			
May 12	Marist	W, 17-2	Shafer (4), May (4), Hewko (3), Silver (2), El-Sakkary, Gauthier, West, Hillman
May 13	UCLA	L, 5-8	Shafer (3), Hansen, Silver
May 14	Hawaii	W, 8-5	Silver (2), Steffens (2), Shafer (2), Gauthier, El-Sakkary

!Stanford Invitational ^UCSB Tournament \*MPSF Opponent

### 2006 Season Statistics

Scoring	Points
Lauren Silver	52
Katie Hansen	47
Scotti Shafer	40
Nancy El-Sakkary	25
Christina Hewko	24
Jacquelyn Gauthier	20
Jessica Steffens	15
Alison Gregorka	13
Megan May	12
Laurel Champion	9
Koree Blyleven	8
Kira Hillman	3
Heather West	3
Megan Nesland	1
Jenna Scalmanini	1
<b>Stanford</b>	<b>273</b>
<b>Opponents</b>	<b>128</b>

Goalkeeper	Gm	Saves	Svs/Gm	GA	GA/Gm
Meridith McColl	29	226	7.79	122	4.21
Alison Gregorka	3	3	1.00	6	2.00
<b>Stanford</b>	<b>29</b>	<b>229</b>	<b>7.90</b>	<b>128</b>	<b>4.41</b>

#### Quarter-by-Quarter Scoring

Period	1	2	3	4	OT	Total
Stanford	85	80	53	54	1	273
Opponents	26	32	30	38	2	128

#### John Tanner's All-Time Record vs. Opponents (1998-2006)

MPSF Opponent	Record	Pct.
Arizona State	3-0	1.000
California	24-8	.750
Cal State Northridge	3-0	1.000
Hawaii	17-0	1.000
Long Beach State	14-2	.875
Pacific	14-0	1.000
San Diego State	14-0	1.000
San Jose State	19-0	1.000
UC Irvine	7-0	1.000
UCLA	22-14	.611
UC Santa Barbara	16-0	1.000
USC	10-15	.400
<b>Overall Conference Record</b>	<b>163-39</b>	<b>(.807)</b>
Non-Conference Opponent	Record	Pct.
Brown	1-0	1.000
Cal State Bakersfield	1-0	1.000
Hartwick	2-0	1.000
Harvard	1-0	1.000
Indiana	5-0	1.000
Loyola Marymount	2-1	.667
Marist	1-0	1.000
Michigan	9-0	1.000
Occidental	1-0	1.000
Pomona-Pitzer	1-0	1.000
Princeton	2-0	1.000
Slippery Rock	1-0	1.000
UC Davis	18-0	1.000
UC San Diego	6-0	1.000
UC Santa Cruz	2-0	1.000
UMass	1-0	1.000
<b>Overall Non-Conference Record</b>	<b>54-1</b>	<b>(.982)</b>
<b>Total</b>	<b>217-40</b>	<b>(.844)</b>



Stanford coach John Tanner has led the Cardinal to an NCAA championship title in 2002, and three second place finishes since taking the helm of Stanford women's water polo in 1998.

**Stanford Water Polo Year-by-Year**

Coach	Yr.	Record	NCAA Finish
Ben Quittner	1996	31-9	5th
Ben Quittner	1997	33-10	4th
John Tanner	1998	29-6	3rd
John Tanner	1999	25-6	2nd
John Tanner	2000	28-5	3rd
John Tanner	2001	27-1	2nd
John Tanner	2002	23-2	1st
John Tanner	2003	21-3	2nd
John Tanner	2004	19-5	3rd
John Tanner	2005	21-7	2nd
John Tanner	2006	24-5	3rd
<b>Overall Record</b>	<b>281-59</b>	<b>(.826)</b>	



Anne-Marie Keenan was a three-time All-America selection.

**MPSF Champions**

2000, 2001, 2003, 2006

**All-Americans**

**2006**

Katie Hansen (First Team)  
Christina Hewko (Second Team)  
Scotti Shafer (Second Team)  
Meridith McColl (Second Team)  
Lauren Silver (Honorable Mention)

**2005**

Christina Hewko (First Team)  
Katie Hansen (Second Team)  
Meridith McColl (Second Team)  
Hannah Luber (Second Team)

**2004**

Wendy Watkins (First Team)  
Hannah Luber (Second Team)  
Christina Hewko (Honorable Mention)

**2003**

Jackie Frank (First Team, Player of the Year)  
Julie Gardner (First Team)  
Brenda Villa (First Team)  
Wendy Watkins (Third Team)

**2002**

Jackie Frank (First Team, Player of the Year)  
Ellen Estes (First Team)  
Brenda Villa (First Team)  
Margie Dingeldein (Third Team)  
Kate Pettit (Honorable Mention)

**2001**

Brenda Villa (First Team, Player of the Year)  
Jackie Frank (First Team)  
Ellen Estes (Second Team)  
Margie Dingeldein (Second Team)  
Anne-Marie Keenan (Honorable Mention)  
Julie Gardner (Honorable Mention)

**2000**

Margie Dingeldein (First Team)  
Jackie Frank (Second Team)  
Kris Koblik (Third Team)  
Julie Gardner (Third Team)  
Kelly Shouey (Honorable Mention)  
Anne-Marie Keenan (Honorable Mention)

**1999**

Margie Dingeldein (First Team)  
Kelly Shouey (First Team)  
Kris Koblik (Second Team)  
Heather Crary (Second Team)  
Anne-Marie Keenan (Honorable Mention)

**1998**

Ellen Estes (First Team)  
Suze Gardner (First Team)  
Heather Crary (Third Team)  
Kris Koblik (Honorable Mention)



Margie Dingeldein was a first team All-America selection in 1999 and 2000.

**1997**

Suze Gardner (First Team)  
Ellen Estes (Second Team)  
Alice Cathcart (Honorable Mention)  
Heather Crary (Honorable Mention)

**1996**

Lindsay Welsh (Second Team)  
Heather Crary (Third Team)  
Lindsay Tam (Honorable Mention)



Lauren Faust was named to the NCAA All-Tournament team in 2004.

**NCAA All-Tournament Team**

**2006**

Scotti Shafer (First Team)  
Lauren Silver (Second Team)  
Christina Hewko (Second Team)

**2005**

Hannah Luber (First Team)  
Christina Hewko (Second Team)  
Meridith McColl (Honorable Mention)

**2004**

Lauren Faust (Second Team)  
Hannah Luber (Second Team)  
Wendy Watkins (Second Team)

**2003**

Jackie Frank (First Team)  
Julie Gardner (First Team)  
Hannah Luber (First Team)  
Brenda Villa (First Team)

**2002**

Jackie Frank (First Team, MVP)  
Ellen Estes (First Team)  
Brenda Villa (First Team)  
Margie Dingeldein (Second Team)  
Julie Gardner (Second Team)  
Wendy Watkins (Second Team)

**Collegiate Nationals All-Tournament Team**

Unavailable after 1999

**1999**

Margie Dingeldein (First Team)  
Kelly Shouey (First Team)  
Heather Crary (Second Team)  
Kris Koblik (Second Team)

**1998**

Ellen Estes (First Team)  
Suze Gardner (First Team)  
Heather Crary (Honorable Mention)

**1997**

Ellen Estes (First Team)  
Suze Gardner (First Team)  
Heather Crary (Honorable Mention)

**1996**

Lindsay Welsh (Second Team)  
Heather Crary (Honorable Mention)

**MPSF All-Conference**

**2006**

Katie Hansen (First Team)  
Meridith McColl (First Team)  
Christina Hewko (Second Team)  
Scotti Shafer (Honorable Mention)  
Lauren Silver (Honorable Mention, Top Newcomer, All-Freshman Team)

**2005**

Christina Hewko (First Team)  
Katie Hansen (Second Team)  
Meridith McColl (Second Team)

**2004**

Wendy Watkins (First Team)  
Hannah Luber (Second Team)  
Meridith McColl (Honorable Mention, All-Freshman Team)  
Christina Hewko (All-Freshman Team)  
Katie Hansen (All-Freshman Team)

**2003**

Brenda Villa (Player of the Year)  
Jackie Frank (Goalie of the Year)  
Julie Gardner (First Team)  
Wendy Watkins (Second Team)

**2002**

Jackie Frank (First Team, Goalie of the Year)  
Brenda Villa (First Team)  
Ellen Estes (First Team)  
Margie Dingeldein (Second Team)

**2001**

Brenda Villa (First Team, Co-Player of the Year)  
Jackie Frank (First Team)  
Ellen Estes (First Team)  
Margie Dingeldein (Honorable Mention)  
Julie Gardner (Honorable Mention)  
Anne-Marie Keenan (Honorable Mention)

**2000**

Margie Dingeldein (First Team)  
Julie Gardner (Second Team)  
Jackie Frank (Second Team)  
Kris Koblik (Second Team)

**1999**

Margie Dingeldein (First Team)  
Heather Crary (Second Team)  
Nicole Glazer (Honorable Mention)  
Anne-Marie Keenan (Honorable Mention)  
Kris Koblik (Honorable Mention)  
Kelly Shouey (Honorable Mention)

**1998**

Ellen Estes (First Team, Player of the Year)  
Suze Gardner (First Team)  
Kris Koblik (Second Team)  
Heather Crary (Third Team)

**1997**

Ellen Estes (First Team)  
Lindsay Welsh (First Team)  
Alice Cathcart (Second Team)  
Suze Gardner (Second Team)  
Hetaher Crary (Second Team)

**1996**

Heather Crary (First Team, Goalie of the Year)  
Lindsay Welsh (First Team)  
Alice Cathcart (Second Team)  
Lindsay Tam (Second Team)  
Olivia White (Second Team)



The Stanford women's water polo team won the NCAA title in 2002.

**MPSF All-Tournament Team**

**2006**  
Katie Hansen  
Meridith McColl

**2005**  
Christina Hewko  
Meridith McColl

**2004**  
Wendy Watkins (First Team)

**2003**  
Jackie Frank (MVP)  
Brenda Villa  
Julie Gardner

**2002**  
Brenda Villa (First Team)  
Jackie Frank (First Team)  
Margie Dingeldein (Second Team)  
Ellen Estes (Second Team)



Alison Gregorka was named to the MPSF Academic All-Conference and AWPCA All-Academic teams.

**AWPCA All-Academic Team**

**2006**  
Nancy El-Sakkary  
Jacquelyn Gauthier  
Alison Gregorka  
Katie Hansen  
Megan May  
Meridith McColl  
Scotti Shafer

**2005**  
Nancy El-Sakkary  
Alison Gregorka  
Hannah Lubner  
Kelty Lubner  
Megan May  
Meridith McColl  
Val Riss  
Scotti Shafer

**2004**  
Nancy El-Sakkary  
Lauren Faust  
Katie Hansen  
Hannah Lubner  
Kelty Lubner  
Val Riss  
Scotti Shafer

**2003**  
Elizabeth Derse  
Lauren Faust  
Jackie Frank  
Scotti Shafer  
Erica Wilson

**2002**  
Margie Dingeldein  
Lauren Faust  
Jackie Frank  
Kate Pettit  
Heather Stamper

**2001**  
Margie Dingeldein  
Lauren Faust  
Jackie Frank  
Alli Henry  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell

**2000**  
Margie Dingeldein  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell

**1999**  
Heather Crary  
Margie Dingeldein  
Nicole Glazer  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell  
Lindsay Tam

**1998**  
Heather Crary  
Kris Koblik  
Lindsay Tam  
Lindsay Welsh

**MPSF Academic All-Conference**

**2006**  
Nancy El-Sakkary  
Jacquelyn Gauthier  
Alison Gregorka  
Katie Hansen  
Megan May  
Meridith McColl  
Scotti Shafer

**2005**  
Nancy El-Sakkary  
Alison Gregorka  
Hannah Lubner  
Kelty Lubner  
Meridith McColl  
Julia McKinney  
Val Riss  
Scotti Shafer

**2004**  
Lauren Faust  
Hannah Lubner  
Kelty Lubner  
Amanda Matuk  
Val Riss  
Scotti Shafer  
Wendy Watkins

**2003**  
Lauren Faust  
Jackie Frank  
Kelty Lubner  
Heather Stamper

**2002**  
Margie Dingeldein  
Ellen Estes  
Lauren Faust  
Jackie Frank  
Kate Pettit

**2001**  
Margie Dingeldein  
Jackie Frank  
Hillary Gallogly  
Alli Henry  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell  
Kelly Shouey

**2000**  
Margie Dingeldein  
Alli Henry  
Anne-Marie Keenan  
Kris Koblik  
Kate Pettit  
Ali Riddell

**1999**  
Heather Crary  
Nicole Glazer  
Anne-Marie Keenan  
Kris Koblik  
Ali Riddell  
Lindsay Tam

**1998**  
Heather Crary  
Nicole Glazer  
Elissa Keszler  
Lindsay Tam  
Lindsay Welsh



Kate Pettit was the recipient of an NCAA Post-Graduate Scholarship in 2002.

**Pac-10 Conference Medal Winner**

A conference medal is awarded annually to each member institution's outstanding senior male and female student-athlete based on exhibition of the greatest combination of performance and achievement in scholarship, athletics and leadership.

**2003**  
Jackie Frank

**NCAA Post-Graduate Scholarship Winner**

**2006**  
Scotti Shafer  
**2002**  
Kate Pettit

**Pac-10 Post-Graduate Scholarship Winner**

**2002**  
Ellen Estes

**Peter J. Cutino Award**

Presented annually by the Olympic Club to the country's top female collegiate water polo player.

**2006**  
Meridith McColl (Finalist)  
**2003**  
Jackie Frank (Winner)  
Brenda Villa (Finalist)  
Wendy Watkins (Finalist)

**2002**  
Brenda Villa (Winner)  
**1999**  
Heather Crary (Finalist)

**Stanford Athletic Board Awards**

**The AI Masters Award**

Department's highest honor for attaining the highest standards of athletic performance, leadership and academic achievement.

**2003** – Jackie Frank  
**2002** – Ellen Estes

**The Donald Kennedy Award**

Presented to the Stanford Senior Athlete who best exhibits the combination of excellent academics, strong athletic ability and a commitment to community service.

**2006** – Scotti Shafer  
**2002** – Kate Pettit  
**1999** – Lindsay Tam

**The Block 'S' Outstanding Female Junior Award**

Presented to the most outstanding female junior.

**2003** – Brenda Villa  
**2002** – Jackie Frank

**The Block 'S' Outstanding Female Sophomore Award**

Presented to the most outstanding female sophomore.

**2005** – Meridith McColl  
**2002** – Brenda Villa  
**2001** – Jackie Frank  
**2000** – Margie Dingeldein



Brenda Villa was awarded the Block "S", presented to the most outstanding female athlete, her junior and sophomore years.

**The Block 'S' Outstanding Female Freshman Award**

Presented to the most outstanding female freshman.

**2006** – Lauren Silver

**Conference Female Athlete of the Year Award**

**2001** – Brenda Villa

**The Pam Strathairn Award**

**2001** – Kris Koblik

**The Thomas W. Ford Award**

Presented to the team whose student-athletes have demonstrated special commitment to participation in local community outreach programs.

**2001** – Women's Water Polo Team  
**2005** – Women's Water Polo Team

## Senior National Team

### Olympic Games

#### 2004

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 2000

Ellen Estes ('02)  
Brenda Villa ('03)

### FINA World Championships

#### 2005

Brenda Villa ('03)

#### 2003 (World Champions)

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 2001

Margie Dingeldein ('02)  
Brenda Villa ('03)

#### 1998

Jackie Frank ('03)  
Brenda Villa ('03)

### FINA World Cup

#### 2006

Alison Gregorka ('07)  
Jessica Steffens, Alternate ('09)  
Brenda Villa ('03)

#### 2002

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1999

Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1998

Jackie Frank ('03)  
Brenda Villa ('03)

### Pan-American Championships

#### 2003 (Champions)

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1999

Ellen Estes ('02)  
Brenda Villa ('03)

### Current National Team Training Squad

Katie Hansen ('07)  
Christine Hewko ('07)  
Lauren Silver ('09)  
Jessica Steffens ('09)  
Brenda Villa ('03)

### Former Senior National Team Members

Margie Dingeldein ('02)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Suze Gardner ('00)  
Anne-Marie Keenan ('01)  
Kate Pettit ('02)

### Former Senior National 'B' Team Members

Alice Cathcart ('97)  
Heather Crary ('99)  
Suze Gardner ('00)  
Anne-Marie Keenan ('01)  
Kelly Shouey ('01)



Christina Hewko was on the junior Pan-American Games Championship-winning team in 2004.

## Junior National Team

### Junior FINA World Championships

#### 2005 (Champions)

Alison Gregorka ('07)  
Katie Hansen ('07)  
Christine Hewko ('07)  
Meridith McColl ('07)

#### 2003

Laurel Champion ('06)  
Alison Gregorka ('07)  
Meridith McColl ('07)  
Scotti Shafer ('06)

#### 2001

Julie Gardner ('03)

#### 1999

Margie Dingeldein ('02)  
Jackie Frank ('03)  
Kris Koblik ('01)  
Brenda Villa ('03)  
Wendy Watkins ('04)

#### 1997

Dani Bell ('01)  
Heather Crary ('99)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Elissa Keszler ('00)  
Brenda Villa ('03)

#### 1995

Ellen Estes ('02)  
Jackie Frank ('03)  
Brenda Villa ('03)

### Junior Pan-American Games

#### 2004 (Champions)

Alison Gregorka ('07)  
Katie Hansen ('07)  
Christina Hewko ('07)  
Meridith McColl ('07)  
Lauren Silver ('09)

#### 2002

Lauren Boreta ('06)  
Scotti Shafer ('06)

#### 2000

Julie Gardner ('03)

#### 1998

Dani Bell ('01)  
Jackie Frank ('03)  
Brenda Villa ('03)

#### 1996

Heather Crary ('99)  
Ellen Estes ('02)  
Jackie Frank ('03)  
Elissa Keszler ('00)  
Brenda Villa ('03)  
Lindsay Welsh ('98)

### Current Junior National Team Members

Kelsey Holshouser ('10)  
Lauren Silver ('09)  
Jessica Steffens ('09)



Christina Hewko, Alison Gregorka, Meridith McColl and Katie Hansen helped lead the U.S. to victory at the Junior World Championships in Perth, Australia.



Stanford was represented at the 2004 Athens Olympics by Brenda Villa, Ellen Estes, Margie Dingeldein and Jackie Frank.



Brenda Villa, 2000 and 2004 Olympian.



Ellen Estes is a two-time Olympian.

## Stanford Women's Water Polo at the 2004 Olympics

### Headlines From Athens

Game-high Three Goals from Ellen Estes Lifts Team USA to 6-5 Win over Australia

U.S. center Ellen Estes (Novato, CA/Stanford) gave her all. It took three goals from the veteran Olympian to propel the U.S. women to bronze, beating Australia 6-5.

"I was just thinking about what I could do to help the team," Estes said of her three-goal performance. "I was trying to perform in my role ... trying to do everything possible to make sure we won the game."

Team USA Guarantees a Play for a Medal with 8-4 Win; Jackie Frank Tallies 14 Saves in Goal

U.S. goalie Jackie Frank (Long Beach, CA/Stanford) had a phenomenal game in the cage, racking up a whopping 14 saves for Team USA. The 14-save performance stands as Frank's highest total in goal for Team USA in major competition since notching 14 in a semifinal win over Canada at the 2002 World Cup in Perth, Australia.

"Jackie played well the entire game. We never expect to come into these games and get the kinds of leads that we have," U.S. Head Coach Guy Baker said.



Jackie Frank, 2004 Olympian.



Margie Dingeldein, 2004 Olympian.

USA Women Blow Past Greece in Pre-Olympic Contest, 10-3

Dingeldein went crosscage, bar-in to snag a 5-2 advantage for the U.S. women two minutes away from halftime.

Villa, Dingeldein, and Estes each scored two goals in the win for the U.S., contributing 60% of Team USA's goals. Frank had five saves in two quarters of play in the cage.

Brenda Villa Leads Team USA with Four Goals to Slip Past Hungary in Olympic Opener, 7-6

"Brenda's first goal set the tone," Baker said. "In the first game of any tournament there's going to be nerves. You start to settle down after the tournament gets going, but I think she was a good example. She's been playing at such a high level consistently for such

a long time. I think that she may have been the best player in the world this year."

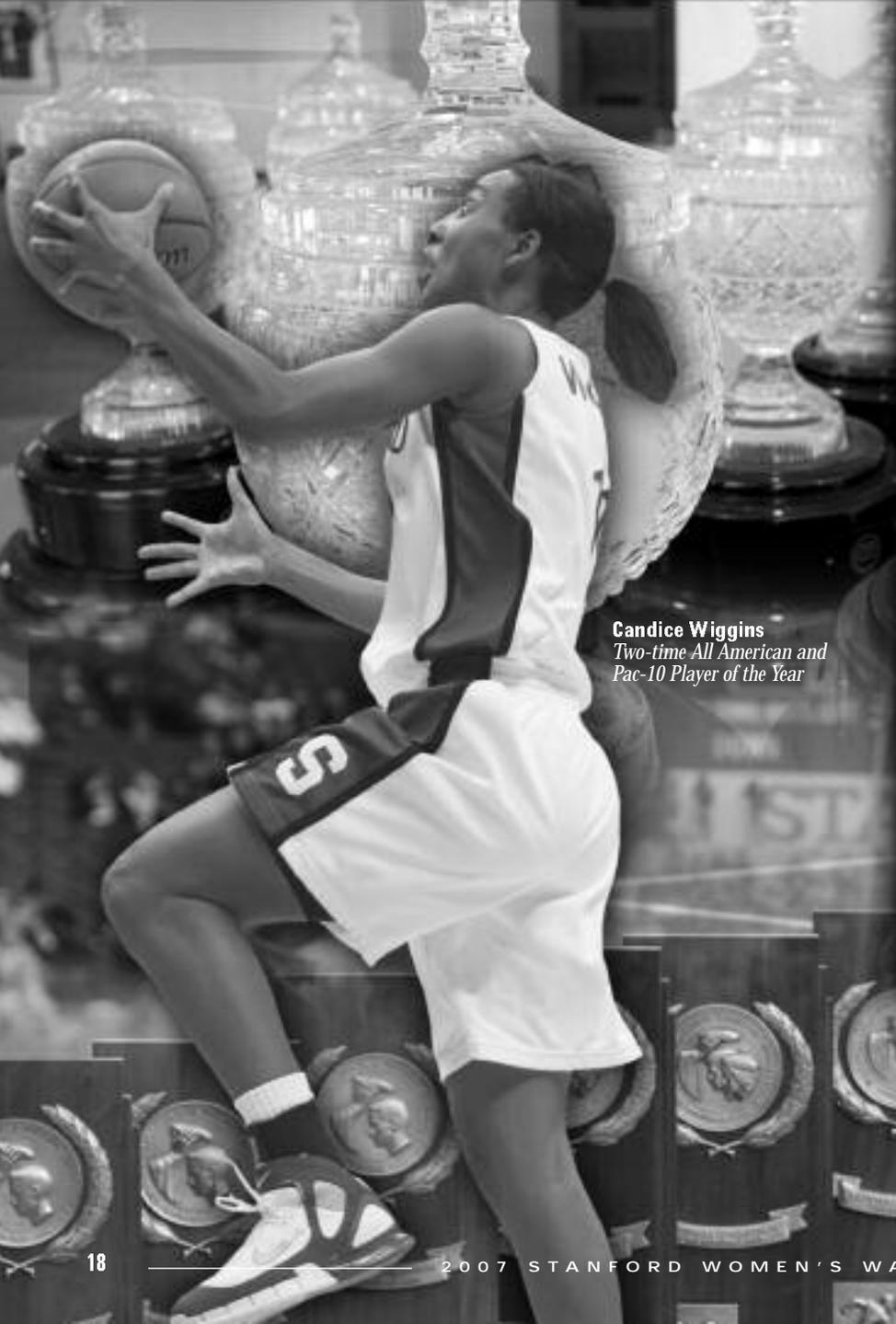
Team USA relied on the sure hands of Villa once again during a 6-on-5 situation in which a block by Villa prevented a goal by Hungary.

Stanford players accounted for 14 of the 31 goals scored by team USA, and averaged 4.7 goals each, as compared to 2.8 goals per player for the team as a whole. Stanford athletes played 20:25 on average per game, almost 3 quarters of each game. As a team, USA players averaged just over 15 minutes per game.



Women's Water Polo  
2006 MPSF Champions

## Stanford Athletics: Home of Champions



Candice Wiggins  
Two-time All American and  
Pac-10 Player of the Year

## The Best College Athletic Program in the Nation

Stanford Athletics is one of the most respected and admired collegiate athletic programs in the nation. During each of the past 12 years, Stanford has won the prestigious Directors' Cup, awarded to the most outstanding Collegiate Athletic program in the nation.

**NCAA CHAMPIONSHIPS SUCCESS:**  
52 NCAA Championships since 1990  
*(most in the nation!)*

75 NCAA Championships since 1980  
*(most in the nation!)*

Stanford captured 15 NCAA titles during the past six years, with 19 runner-up finishes during that time.

**THE PAC-10 & MPSF CONFERENCES**  
Stanford teams excel in the Pac-10 & MPSF, two of the nation's deepest conferences. With over 50 Conference titles in the past five years, Cardinal teams have dominated league play.

**INTERNATIONAL COMPETITION**  
Many Stanford athletes continue their success in international competition, with numerous Olympic and World champions. Every four years, many current Stanford athletes and coaches participate in the Olympics in a variety of sports.



**Mark Madsen**  
*NBA Championship  
Los Angeles Lakers*

## Champion Student Athletes

Stanford student athletes have had tremendous success in many sports. During and after their collegiate careers, Stanford student-athletes are renowned for their excellence in their chosen sports.

- Olympic Gold Medalists
- NBA World Champions
- Super Bowl Champions
- NFL Hall of Famers
- Grand Slam Golf Champions
- World Series Champions
- Cy Young Award Winners
- World Cup Soccer Champions
- American & World Record Holders
- Grand Slam Tennis Champions

## Great Student-Athletes



**John McEnroe**  
*Grand Slam Champion  
Men's Tennis*



**Summer Sanders**  
*Olympic Gold Medalist  
Women's Swimming*



**Bob & Mike Bryan**  
*Grand Slam Doubles Champions  
Men's Tennis*



**Julie Foudy**  
*U.S. National Team  
Women's Soccer*



**Tony Azevedo**  
*Four-time All-American, 3-time  
National Player of the Year*



**Pablo Morales & Jeff Rouse**  
*Olympic Gold Medalists  
Men's Swimming*



*Giants in the electronics industry – David Packard (left), Fredrick Terman and William Hewlett*

**Ted Koppel**  
*Network News Anchor*

## Stanford Alumni

### A Who's Who of Stanford Alumni

**Stanford alumni are some of the most distinguished people in the world today.**

**These include leaders in government, medicine, business, law, politics, education, sports and entertainment.**

**Stanford's diverse alumni includes the founders of Nike, Yahoo, Hewlett-Packard, a U.S. President, numerous elected government officials, Supreme Court justices, actors, athletes, a former Miss America and the first American woman in space, to name a few.**

**Stanford alums range from the "Father of the Internet" Vincent Cerf and author John Steinbeck to Academy Award-winning actresses Jennifer Connelly and Reese Witherspoon ... or top athletes Mike Mussina, Tiger Woods, Summer Sanders and John McEnroe.**

**Companies founded by Stanford graduates also include:**

- Cisco Systems
- Cypress Semi
- eBay
- E-Trade
- Excite
- Google
- IDEO
- Intuit
- The Learning Co.
- Silicon Graphics
- Sun Microsystems
- Tandem
- Trilogy
- Varian Associates



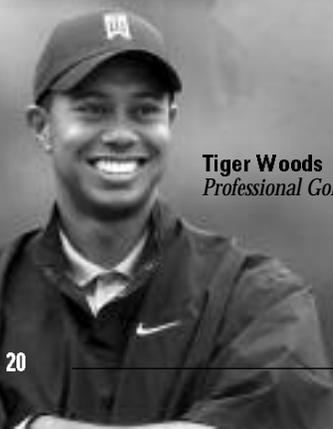
**Jennifer Connelly**  
*Academy Award Winning Actress*



**Reese Witherspoon**  
*Academy Award Winning Actress*



**Phil Knight**  
*Founder of Nike*



**Tiger Woods**  
*Professional Golfer*

**Herbert Hoover**  
*31st President of the United States*



**Sandra Day O'Connor**  
*Retired Supreme Court Justice*



**Sally Ride**  
*First American Woman in Space*



Stanford University



## The Nation's Premier University

**Stanford University is recognized as one of the world's great universities.**

**Stanford's faculty is one of the most distinguished in the nation, including 18 Nobel Laureates and four Pulitzer Prize winners. There are over 8 million volumes in Stanford's nearly two-dozen libraries.**

**Stanford students come from all over the world, including all 50 states and approximately 100 countries.**

**The University still enjoys the 8,100 acres of grassy fields, eucalyptus groves and rolling hills that were the Stanford's generous legacy. It is one of the most picturesque campuses in the nation, comfortably set in the San Francisco Bay Area.**





# STANFORD

## 2007 WATER POLO SCHEDULE

Day	Date	Opponent	Time
Friday	Feb. 2	Hawaii	4:00 pm
Sat-Sun	Feb. 3-4	Stanford Invitational	All Day
Saturday	Feb. 10	at Pacific	12:00 pm
Saturday	Feb. 17	USC	1:00 pm
Sunday	Feb. 18	CS Northridge	1:00 pm
Sat-Sun	Feb. 24-25	at Irvine Tournament	All Day
Thursday	Mar. 1	at Arizona State	4:00 pm
Friday	Mar. 2	at San Diego State	3:00 pm
Saturday	Mar. 3	at UC San Diego	12:00 pm
Saturday	Mar. 24	Princeton	10:00 pm
Sunday	Mar. 25	Santa Clara	10:00 pm
		Maryland	12:00 pm
Friday	Apr. 6	at UC Irvine	5:00 pm
Saturday	Apr. 7	at Long Beach State	12:00 pm
Saturday	Apr. 14	UCLA	1:00 pm
Sunday	Apr. 15	UC Santa Barbara	1:00 pm
Friday	Apr. 20	at California	7:00 pm
Saturday	Apr. 21	San Jose State	1:00 pm
Th-Sun	Apr. 26-29	MPSF Championships Tempe, AZ	All Day
Fri-Sun	May 11-13	NCAA Championships Los Alamitos, CA	All Day



Schedule subject to change.  
Home events in **bold**.  
Scores & updates at [www.gostanford.com](http://www.gostanford.com)

